

Contact Information

Access & Countryside Team

Scottish Borders Council
Regulatory Services
Council Headquarters
Newtown St Boswells
MELROSE
TD6 0SA
Tel: 01896 825070
email: outdooraccess@scotborders.gov.uk

Scottish Borders Council information on sites and activities:

www.scotborders.gov.uk
www.scotborders.gov.uk/walking
www.scotborders.gov.uk/countrywalks
www.scotborders.gov.uk/biodiversity
www.scotborders.gov.uk/parks
WalkIt Paths to Health Project in the Scottish Borders
www.scotborders.gov.uk/WalkIt
WalkIt@scotborders.gov.uk

Contact Information for general easy access:

The Borders Disability Forum Countryside with easy access website includes information on more than 40 locations in the Scottish Borders. It is updated after site visits by disabled path users. The locations listed all have countryside interest and either free of charge or minimal parking charge.
<http://onlineborders.org.uk/community/bdf>
<http://onlineborders.org.uk/community/bdfc>

Traveline Scotland (for public transport information)

Tel: 0871 200 2233
www.travelinescotland.com

Toilets - National Key Scheme There are RADAR and wheelchair access public toilets in a number of Scottish Borders villages and towns:

Selkirk, St Mary's Loch, Peebles, Innerleithen, Broughton, Newtown St Boswells, St Boswells, Melrose, Lauder, Kelso, Town Yetholm, Jedburgh, Hawick, Greenlaw, Newcastleon, Galashiels, Eyemouth, Earliston, Duns, Coldstream, Cocksburnpath, and Chirnside.

Local information from: Scottish Borders Council

Newtown St Boswells
Tel: 0300 100 1800
Look up toilets at www.scotborders.gov.uk

RADAR Scheme details from:

Disability Rights UK
0203 687 0790
RADAR key available from
shop@disabilityrightsuk.org

Visitor Information Centre - Jedburgh

Gives information on countryside locations
Local accommodation and accessible accommodation.
Holds a RADAR key for visitors

The following information is available from Visitor Information Centres:

Practical Information for Visitors with Disabilities to Scotland
Published by the Scottish Tourist Board
Scottish Borders Tourist Board Fact Files
Places of interest - information for Disabled Visitors
Accessible Accommodation

Tourism and accommodation:

www.visitscotland.com
look up Scottish Borders
info@visitscotland.com

Forestry organisations:

Forestry and Land Scotland Recreation Team

Dumfries and Borders Forest District
Tel: 0300 067 6900
www.forestryandland.gov.scot

Borders Forest Trust

www.bordersforesttrust.org

Natural Heritage information:

Nature Scotland
Outdoor Access Code
Lothian & Borders Area Office
Tel: 01896 756652
www.outdooraccess-scotland.scot

Rivers

www.tweedforum.com

Built Heritage information:

There are Town Trails in most Borders towns. Parts of most trails will be on level pavements however they may not be easy access. The trails take about 2 hours to complete and are an excellent way to discover the towns. It provides an added dimension of local history and flavour of the town's development through time.

Full Town Trail guides are available from Visit Scotland or online at

www.scotborders.gov.uk/walking

Abbeys - Jedburgh, Melrose, Kelso, Dryburgh historic locations.
www.historic-scotland.gov.uk

Scottish Borders Heritage

www.scottishbordersheritage.co.uk
www.scotborders.gov.uk/archaeology
www.canmore.org.uk

Building design

Technical advice regarding access for disabled visitors may be obtained through reference to "The Disabled Access Design Guide" produced by Scottish Borders Council (Building Control) Tel: 0300 100 1800

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Every effort has been made to ensure that the information and advice contained in this booklet is correct at the date of publication. However, it is always for you to assess whether completing a route is within your capability, using your common sense and your knowledge of your own state of health and fitness, competence and experience. No liability is accepted by the authors or publishers for any loss, injury or damage, arising out of, or in any way connected with, any person or persons undertaking or attempting to undertake any of the routes described in this booklet, howsoever caused.



Walking at Harestanes

Alternative format/language

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