

Jedburgh Summer Activity Programme July 2018

Description:

Some young people find moving from Primary 7 to S1 a challenging time so we planned a summer programme to support them with this. Ten P7 pupils and ten S1 pupils came together to participate in activities and challenges that aimed to build their confidence and self-esteem. Having a mixture of P7 and the S1s gave them the chance to get to know each other before the new term began.

Young people participated in rock climbing, canoeing, hill walking, Foxlake rope course and Ringo's, jail break activity, barbecue, art activities, swim sessions, cookery, horse care and riding and cookery.

The programme was co-ordinated by the CLDS worker in Jedburgh and sessions were delivered by CLDS, Jedburgh Grammar School (PEF funded youth worker) and Cheviot Youth.

The programme was funded by Cashback for Communities.

Outcomes:

- 19 young people participated in different activities and experiences
- 18 young people increased skills and confidence
- 18 young people made new friends and felt more included
- 17 young people reported helping and including others
- 17 young people reported their positive behaviours had increased

Quotes:

"I was really scared (getting in a canoe) but I did it"

"I making {made} a new friend"

Next Steps:

We will keep in contact with the young people and continue to offer appropriate programmes and interventions, if required, over the school year.