

HEALTHY HAWICK SUMMER PROGRAMME



Venues:

Burnfoot Hub
Burnfoot Primary School/Early Years Centre
Library
Escape
Community Walk
Hawick High School
PSA Pitch

JULY/AUGUST 2019

ALL ACTIVITIES ARE 10-12PM UNLESS STATED

W/C	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1st - 5th July		Couch to 5k 3:30 - 4:30pm	Street Rugby P5 - S6 6:00 - 8:00pm		
8th - 12th July	Family Fun and Games	Burnfoot Grows Together Family Drop	Family Fun and Games	Stay and Play - Play Borders	Family Activity and Picnic
	Monday Club P4 - P7 7:00 - 7:45	Library activities with CLD 2:00-3:00pm	P7 Drop in sessions		
15th - 19th July	Monday Club P4 - P7 7:00 - 7:45	Fashion Session	P7 Drop in sessions	Stay and Play - Play Borders 1:30 - 3:00pm	Family Activity and Picnic
		Burnfoot Grows Together Family Drop	Street Rugby P5 - S6 6:00 - 8:00pm		
22nd - 26th July	Family Fun and Games	Burnfoot Grows Together Family Drop	Community Walk Three Brethren	Tea and Toast - Stay and Play	Family Activity and Picnic
	Drop in Lunch	Couch to 5k 3:30 - 4:30pm	Family Fun and Games	Live Borders delivering Mini Sports - 10:00 - 10:45am	
	Monday Club P4 - P7 7:00 - 7:45		P7 Drop in sessions		

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W/C	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29th - 2nd August	LIVE Borders Summer Programme Drop in Lunch Monday Club P4 - P7 7:00 - 7:45	LIVE Borders Summer Programme Fashion Sessions Couch to 5k 3:30 - 4:30pm	LIVE Borders Summer Programme P7 Drop in sessions Street Rugby P5 - S6 6:00 - 8:00pm	LIVE Borders Summer Programme Live Borders delivering Mini Sports - 10:00 - 10:45am Tea and Toast - Stay and Play	Family Activity and Picnic LIVE Borders Summer Programme
5th - 9th August	Family Fun and Games Drop in Lunch Monday Club P4 - P7 7:00 - 7:45	Fashion Session Burnfoot Grows Together Family Drop Couch to 5k 3:30 - 4:30pm	Family Fun and Games P7 Drop in sessions Street Rugby P5 - S6 6:00 - 8:00pm	Tea and Toast - Stay and Play Live Borders delivering Mini Sports - 10:00 - 10:45am	Family Activity and Picnic
12th - 16th August	Escape Summer Programme Drop in Lunch Monday Club P4 - P7 7:00 - 7:45	Escape Summer Programme Library activities with CLD 2:00-3:00pm Couch to 5k 3:30 - 4:30pm	Escape Summer Programme P7 Drop in sessions Street Rugby P5 - S6 6:00 - 8:00pm	Tea and Toast - Stay and Play Live Borders delivering Mini Sports - 10:00 - 10:45am Escape Summer Programme	Escape Summer Programme

Booking LIVE Borders summer programme by contacting Live Borders on; 01896 661166

For general enquires contact; Louise on; 01450 375147

For further information on Escape programmes contact Sian on; 01450 378001 or 079435 15002