

High School Bread Report

Date: 26/03/2026

Title	Ingredients	Allergens (Single Column)
10" Panini	Sysco Classic 10" Part Baked Bar Marked Panini Baguettes (100%) (130g) Wheat Flour (with Calcium, Iron, Niacin, Thiamin), Water, Yeast, Extra Virgin Olive Oil, Salt, Flour Treatment Agent(Ascorbic Acid).	Allergens: Gluten, Wheat. May Contain: Sesame Seeds.
10" White Baguette	White Baguette 10inch [Wheat Flour (with Calcium, Iron, Niacin, Thiamin), Water, Yeast, Salt, Flour Treatment Agent (Ascorbic Acid).]	Allergens: Cereals, Gluten, Wheat. May Contain: Barley, Sesame Seeds.
10" Wrap	La Boulangerie 10" Fully Baked Tomato Flour Tortillas (100%) (62g) Wheat Flour (with Calcium, Iron, Niacin, Thiamin), Water, Tomato Seasoning(Tomato Powder (3%), Bell Pepper, Paprika, Basil), Palm Oil, Rapeseed Oil, Sugar, Raising Agents(Sodium Bicarbonate, Disodium Diphosphate, Malic Acid), Emulsifier(Mono- and Di-Glycerides of Fatty Acids), Salt, ;Flour Treatment Agent(L-Cysteine Hydrochloride).	Allergens: Gluten, Wheat.
4" Sesame Seed Bun	Sysco Essentials 4" Pre Sliced Sesame Seed Burger Bun (100%) (50g) Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Sugar, Yeast, Sesame Seed (2.0%), Palm Oil, Salt, Rapeseed Oil, Emulsifiers (Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids, Mono- and Di-Glycerides of Fatty Acids), Preservative (Calcium Propionate), Flour Treatment Agent (Ascorbic Acid).	Allergens: Gluten, Sesame Seeds, Wheat.
5" Pre-Sliced White Bap	5" Pre-Slice Floured Bap (100%) (85g) Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Sugar, Salt, Yeast, Rapeseed Oil, Emulsifiers (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Mono- and Diglycerides of Fatty Acids), Flour Treatment Agents (Ascorbic Acid, L-Cysteine Hydrochloride).	Allergens: Gluten, Wheat. May Contain: Sesame Seeds.
6.5" Hot Dog Rolls (Side Sliced)	Sysco Essentials 6.5" Hot Dog Rolls (100%) (50g) Ingredients List: Wheat Flour(Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Sugar, Yeast, Palm Oil, Salt, Rapeseed Oil, Emulsifiers(Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Mono- and Diglycerides of Fatty Acids), Preservative(Calcium Propionate), Flour Treatment Agent(Ascorbic Acid).	Allergens: Gluten, Wheat. May Contain: Sesame Seeds.
6.5" Hot Dog Rolls (Top Sliced)	Hot Dog Roll (100%) (45g) Wheat Flour(Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Sugar, Yeast, Palm Oil, Salt, Rapeseed Oil, Emulsifiers(Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids, Mono- and Diglycerides of Fatty Acids), Preservative(Calcium Propionate), Flour Treatment Agent(Ascorbic Acid).	Allergens: Gluten, Wheat. May Contain: Sesame Seeds.
7.5" Malted Wheat Baguette	7.5" Part Baked Malted Wheat Sandwich Baguettes (100%) (85g) Wheat Flour (with Calcium, Iron, Niacin, Thiamin), Water, Malted Wheat Flakes, Malted Barley , Salt, Wheat Bran, Wheat Gluten, Yeast, ; Wheat Flour, Barley Fibre, Emulsifier (Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids), Flour Treatment Agent (Ascorbic Acid).	Allergens: Barley, Gluten, Wheat. May Contain: Sesame Seeds.
Brown Morning Roll	Brown Morning Roll (Anderson) [Brown Wheat Flour, Water, White Wheat Flour (with calcium, iron, niacin, thiamine), Vegetable Shortening (Palm oil, Palm Stearin, Rapeseed Oil), Palm Oil, Yeast, Salt, Sugar, E516, E170, Soya	Allergens: Cereals, Gluten, Soya, Wheat.

Title	Ingredients	Allergens (Single Column)
	Flour, Dextrose, Oil (Rapeseed), Emulsifiers: E481, E472e, Flour Treatment Agent E300, Enzymes]	
Ciabatta Sandwich Rolls	Ciabatta Sandwich Roll (100%) (120g) Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Yeast, Extra Virgin Olive Oil (2%), Rye Flour, Salt, Wheat Flour, Sugar, Malted Wheat Flour, Malted Barley Flour, Flour Treatment Agents (Ascorbic Acid, L-Cysteine Hydrochloride).	Allergens: Barley, Gluten, Rye, Wheat. May Contain: Almonds, Cashew Nuts, Hazelnuts, Sesame Seeds.
English Muffin	Sysco Classic English Muffins (100%) (72g) Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Semolina (Wheat), Salt, Yeast, Soya Flour, Sugar, Palm Oil, Spirit Vinegar, Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Preservative (Calcium Propionate), Flour Treatment Agent (Ascorbic Acid).	Allergens: Gluten, Soya, Wheat. May Contain: Sesame Seeds.
Finger Roll	Finger Roll (Anderson) [White Wheat Flour (with calcium, iron, niacin, thiamine), Water, Vegetable Shortening (Palm oil, Palm Stearin, Rapeseed Oil), Palm Oil, Yeast, Salt, Sugar, E516, E170, Soya Flour, Dextrose, Oil (Rapeseed), Emulsifiers: E481, E472e, Flour Treatment Agent E300, Enzymes]	Allergens: Cereals, Gluten, Soya, Wheat.
Genius Gluten Free Seeded Brown Bread	Genius GF Brown Bread [Water, Starches (Tapioca, Maize, Potato), Rice Flour, Seeds (11%) (Sunflower, Linseed, Poppy), Bamboo Fibre, Rapeseed Oil, Yeast, Dried Egg White, Psyllium Husk, Humectant (Vegetable Glycerol), Caster Sugar, Salt, Stabiliser (Hydroxypropyl Methyl Cellulose, Xanthan Gum), Preservatives (Calcium Propionate, Potassium Sorbate), Apple Extract]	Allergens: Eggs.
Genius Gluten Free White Bread	Genius GF Soft White Bread [Water, Starches (Tapioca, Maize, Potato), Rice Flour, Bamboo Fibre, Yeast, Maize Flour, Rapeseed Oil, Dried Egg White, Psyllium Husk, Humectant (Vegetable Glycerol), Caster Sugar, Salt, Stabiliser (Hydroxypropyl Methyl Cellulose, Xanthan Gum), Preservatives (Calcium Propionate, Potassium Sorbate), Natural Flavouring]	Allergens: Eggs.
Gluten Free Panini	Schar Gluten Free Panini Rolls (100%) (1g) maize starch, water, sourdough 12% (rice flour, water), maize flour, rice flour, vegetable fibre (psyllium), thickener: hydroxypropyl methyl cellulose; extra virgin olive oil, yeast, (soya) protein, sunflower oil, acids: citric acid, tartaric acid; salt.	Allergens: Soya. May Contain: Eggs, Mustard.
Hovis Best of Both Bread	Hovis Best Of Both Medium 750G [Wheat Flour (with added Calcium, Iron, Niacin, Thiamin), Water, Wheatgerm (5%), Calcium Sulphate, Yeast, Salt, Wheat Protein, Soya Flour, Vegetable Fibre (Inulin), Emulsifiers- E472e, E471, E322 (Rapeseed) Preservative- E282, Flour Treatment Agent- Ascorbic Acid.]	Allergens: Cereals, Gluten, Soya, Wheat.
Plain Bagel	La Boulangerie Premium Bakery Fully Baked Plain Bagels (100%) (100g) Wheat flour(Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Rye Flour, Sugar, Yeast, Rapeseed Oil, Salt, Maize, Malted Barley Flour, Emulsifier(Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Flour Treatment Agent(Ascorbic Acid).	Allergens: Barley, Gluten, Rye, Wheat. May Contain: Sesame Seeds.
White Morning Roll	White Morning Rolls (Anderson) [White Wheat Flour (with calcium, iron, niacin, thiamine), Water, Vegetable Shortening (Palm oil, Palm Stearin, Rapeseed Oil), Palm Oil, Yeast, Salt, Sugar, E516, E170, Soya Flour, Dextrose, Oil (Rapeseed), Emulsifiers: E481, E472e, Flour Treatment Agent E300, Enzymes]	Allergens: Cereals, Gluten, Soya, Wheat.
Wholemeal Pitta Bread	La Boulangerie Wholemeal Pitta Breads (100%) (60g) Wholemeal Wheat Flour, Water, Yeast, Salt, Preservative(Calcium Propionate).	Allergens: Gluten, Wheat. May Contain: Milk, Soya.

High School Sweetened Baked Products Report

Date: 26/03/2026

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Title	Ingredients	Allergens (Single Column)
American Pancake	Crepe Cuis American Style Pancake [Water, Fortified WHEAT Flour (with Calcium Carbonate, Iron, Niacin, Thiamin), Sugar, Whey Powder (MILK), Vegetable Oil (Rapeseed), Cornflour, Buttermilk Powder (MILK) (1.2%), Raising Agents (E450i, E500), WHEAT Starch, Pasteurised Whole Free Range EGG , Sea Salt, Flavouring.]	Allergens: Cereals, Eggs, Gluten, Milk, Wheat.
Chocolate Cornflakes	Corn Flakes [Maize, Sugar, Salt, Malted Barley Extract, Niacin, Iron, Pantothenic Acid, Vitamin B6, Thiamin, Riboflavin, Folic Acid, Vitamin D, Vitamin B12.], Flora Margarine [Plant Oils (rapeseed, sunflower 18%, palm), water, salt, plant based emulsifier (lecithin), vinegar, natural flavourings, vitamin A.], Golden Syrup [Partially Inverted Refiners Syrup.], Reduced Fat Cocoa Powder [Fat Reduced Cocoa Powder. Contains Cocoa Butter 10% Minimum]	Allergens: Barley, Cereals.
Chocolate Rice Krispies	Crisp Puffed Rice [Rice, Sugar, Malted Barley Extract, Salt, Iron, Niacin, Pantothenic Acid, Riboflavin, Vitamin B6, Thiamin, Folic Acid, Vitamin D, Vitamin B12.], Flora Margarine [Plant Oils (rapeseed, sunflower 18%, palm), water, salt, plant based emulsifier (lecithin), vinegar, natural flavourings, vitamin A.], Golden Syrup [Partially Inverted Refiners Syrup.], Reduced Fat Cocoa Powder [Fat Reduced Cocoa Powder. Contains Cocoa Butter 10% Minimum]	Allergens: Barley, Cereals.
Crumpet	Luxury Baked Sourdough Crumpets (100%) (56g) Fortified Wheat Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Liquid Sourdough Culture (5%) (Sourdough Culture (WHEAT), Spirit Vinegar, Salt, WHEAT Starch), Spirit Vinegar, Sugar, Raising Agents (Diphosphates, Sodium Carbonates), Yeast, Preservatives (Calcium Propionate, Potassium Sorbate), Salt.	Allergens: Gluten, Wheat.
Custard Creams	Brakes Custard Creams (100%) (25g) Wheat Flour (with Calcium, Iron, Niacin, Thiamin), Sugar, Palm Oil, Dextrose, Wheat Starch, Rapeseed Oil, Raising Agent(Sodium Hydrogen Carbonate, Ammonium Hydrogen Carbonate), Whey Powder (Milk), Salt, Flavouring, Colour(Plant Beta-Carotene).	Allergens: Gluten, Milk, Wheat. May Contain: Soya.
Custard Creams Recipe	Plain Flour [WHEAT Flour (with Calcium, Niacin, Iron, Thiamin).], Stork [Vegetable oils in varying proportions (70%) (rapeseed, palm, sunflower), water, salt (1,4%), preservative (potassium sorbate), acid (citric acid) emulsifier (mono- and diglycerides of fatty acid), flavourings, vitamin A and D.], Custard Powder [Maize Starch, Colour(Annatto Norbixin), Flavouring.], Caster Sugar [Cane Sugar], Stork [Vegetable oils in varying proportions (70%) (rapeseed, palm, sunflower), water, salt (1,4%), preservative (potassium sorbate), acid (citric acid) emulsifier (mono- and diglycerides of fatty acid), flavourings, vitamin A and D.], Icing Sugar [Sugar (97%), Maize Starch], Vanilla Essence [Water, Propylene Glycol (E1520), Flavouring Substances and Sugar, Colour; E150a Plain Caramel]	Allergens: Cereals, Gluten, Wheat.
Digestives	Brakes Digestive Biscuits (100%) (30g) Wheat Flour (with Calcium, Iron, Niacin, Thiamin), Palm Oil, Wholemeal Wheat Flour (14%), Sugar, Partially Inverted Refiners Syrup, Whey Powder (Milk), Raising Agent(Sodium Hydrogen Carbonate, Ammonium Hydrogen Carbonate), Rapeseed Oil, Salt.	Allergens: Gluten, Milk, Wheat. May Contain: Soya.
Flora Portion	Flora Original Portion 59% Fat Plant-Based Spread, 200 x 10g (100%) (10g) Vegetable oils (rapeseed, sunflower, linseed), water, coconut fat, salt (1.3%), emulsifier (lecithin, mono and diglycerides of fatty acids), natural flavouring, vitamins (A,D).	

Title	Ingredients	Allergens (Single Column)
Fruit Scones	Self Raising Flour [Wheat Flour (with Calcium, Iron, Niacin, Thiamin), Raising Agents (Sodium Bicarbonate, Monocalcium Phosphates).], (2.5 Doz) "medium" Free Range Eggs [100% Egg], Flora Margarine [Plant Oils (rapeseed, sunflower 18%, palm), water, salt, plant based emulsifier (lecithin), vinegar, natural flavourings, vitamin A.], Sultanas [Sultanas (99.5%), Vegetable oils (sunflower; cottonseed) in varying proportions.], Caster Sugar [Cane Sugar], Semi Skimmed Milk (2L) [100% fresh milk], Baking Powder [Wheat Flour (with Calcium, Iron, Niacin, Thiamin), Raising Agent (Disodium Diphosphate, Sodium Hydrogen Carbonate).], Salt [Salt (Salt, Anti-caking Agent (Sodium Ferrocyanide)).]	Allergens: Cereals, Eggs, Gluten, Milk, Wheat.
Gypsy Creams	Self Raising Flour [Wheat Flour (with Calcium, Iron, Niacin, Thiamin), Raising Agents (Sodium Bicarbonate, Monocalcium Phosphates).], Stork [Vegetable oils in varying proportions (70%) (rapeseed, palm, sunflower), water, salt (1,4%), preservative (potassium sorbate), acid (citric acid) emulsifier (mono- and diglycerides of fatty acid), flavourings, vitamin A and D.], Osprio Porridge Oats [Flaked OATS], Icing Sugar [Sugar (97%), Maize Starch], Caster Sugar [Cane Sugar], Stork [Vegetable oils in varying proportions (70%) (rapeseed, palm, sunflower), water, salt (1,4%), preservative (potassium sorbate), acid (citric acid) emulsifier (mono- and diglycerides of fatty acid), flavourings, vitamin A and D.], Water [Water], Golden Syrup [Partially Inverted Refiners Syrup.], Vanilla Essence [Water, Propylene Glycol (E1520), Flavouring Substances and Sugar, Colour; E150a Plain Caramel], Cocoa Powder [Cocoa Powder (100%).], Reduced Fat Cocoa Powder [Fat Reduced Cocoa Powder. Contains Cocoa Butter 10% Minimum]	Allergens: Cereals, Gluten, Oats, Wheat.
Ice Cream in a Cone	Skimmed Milk and Milk Proteins, Oligofructose, Polydextrose, Sorbitol, Maltodextrin, Sugar, Vegetable Fat (Palm Kernel Oil & Palm Oil), Emulsifier: (Mono & Di-Glycerides of Fatty Acids), Stabilisers: (Tara Gum, Cellulose Gum, Carrageenan), Colour: (Carotenes), Salt, Ice Cream Cones [WHEAT flour, Sugar, Palm oil, Emulsifier: SOYA Lecithin, Salt, Caramel.]	Allergens: Cereals, Gluten, Milk, Soya, Wheat.
Jammy Dodger	Plain Flour [WHEAT Flour (with Calcium, Niacin, Iron, Thiamin).], Flora Margarine [Plant Oils (rapeseed, sunflower 18%, palm), water, salt, plant based emulsifier (lecithin), vinegar, natural flavourings, vitamin A.], Reduced Sugar Raspberry Jam [Sweetener (Sorbitol)*, Raspberry Purée, Gelling Agent (Pectin), Acidity Regulators (Citric Acid, Sodium Citrates). *Contains over 10% polyols. Excessive consumption may produce laxative effects.], Caster Sugar [Cane Sugar], Icing Sugar [Sugar (97%), Maize Starch]	Allergens: Cereals, Gluten, Wheat.
Kelloggs Coco Pops Bar	Kellogg's Coco Pops Cereal Snack Bars 25 x 20g (100%) (20g) Rice (33%), vegetable oils (palm, coconut) in varying proportions, sweetened condensed skimmed MILK (10%) (skimmed MILK, sugar), glucose syrup, sugar, starch, invert sugar syrup, skimmed MILK powder (4.5%), fat reduced cocoa powder, oligofructose, fructose, calcium carbonate, humectants (glycerol, sorbitol), MILK whey powder, BARLEY malt extract, salt, emulsifier (SOY lecithin), flavouring, vanilla extract, natural flavourings, antioxidants (ascorbyl palmitate, alpha tocopherol), niacin, iron, vitamin B6, riboflavin, thiamin, vitamin D, folic acid, vitamin B12.	Allergens: Barley, Gluten, Milk, Soya.
Kelloggs Rice Crispy Bar	Kellogg's Rice Krispies Cereal Snack Bars 25 x 20g (100%) (20g) Kellogg's toasted rice cereal (28%) (rice, sugar, salt, BARLEY malt extract, niacin, iron, vitamin B6, riboflavin, thiamin, folic acid, vitamin D, vitamin B12), sweetened condensed skimmed MILK (13%) (skimmed MILK, sugar), vegetable oils (palm, coconut) in varying proportions, glucose syrup, starch, invert sugar syrup, skimmed MILK powder (5.5%), sugar, fructose, oligofructose, humectants (glycerol, sorbitol), calcium carbonate, MILK whey powder, emulsifier (SOY lecithin), acidity regulator (diphosphates), antioxidants (ascorbyl palmitate, alpha tocopherol), vanilla extract, natural flavouring, vitamin D.	Allergens: Barley, Gluten, Milk, Soya.

Title	Ingredients	Allergens (Single Column)
Melting Moments	Self Raising Flour [Wheat Flour (with Calcium, Iron, Niacin, Thiamin), Raising Agents (Sodium Bicarbonate, Monocalcium Phosphates).], Stork [Vegetable oils in varying proportions (70%) (rapeseed, palm, sunflower), water, salt (1,4%), preservative (potassium sorbate), acid (citric acid) emulsifier (mono- and diglycerides of fatty acid), flavourings, vitamin A and D.], Caster Sugar [Cane Sugar], (2.5 Doz) "medium" Free Range Eggs [100% Egg], Corn Flakes [Maize, Sugar, Salt, MaltedBarley Extract, Niacin, Iron, Pantothenic Acid, Vitamin B6, Thiamin, Riboflavin, Folic Acid, Vitamin D, Vitamin B12.], Baking Powder [Wheat Flour (with Calcium, Iron, Niacin, Thiamin),Raising Agent(Disodium Diphosphate,Sodium Hydrogen Carbonate).]	Allergens: Barley, Cereals, Eggs, Gluten, Wheat.
Middleton Fudge Brownie	Middleton Fudge Brownie Mix (Scotland Only) (85.47%) (40000g) WHEAT Flour (WHEAT, Calcium, Iron, Niacin, Thiamin), Sugar, Vegetable Oil Blend (Palm & Rapeseed Oil), Reduced Fat Cocoa Powder (5%), Dried Whole EGG Powder, Dried Glucose, Salt, Emulsifier (Rice Starch, E475, E471), Chocolate Flavouring (0.6%), Flavouring, Natural Flavouring., Just Water 500ml (14.53%) (6800g) -	Allergens: Eggs, Gluten, Wheat. May Contain: Milk, Soya.
Middleton's Plain Cookie	Reduced Sugar Plain Cookie Mix [WHEAT Flour (WHEAT, Calcium, Iron, Niacin, Thiamin), Sugar, Vegetable Oil Blend (Palm & Rapeseed Oil), Whey Powder (MILK), Raising Agents (E500(ii), E450(i)), Dextrose, Maltodextrin, Dried Whole EGG Powder, Dried EGG White Powder, Flavouring, Natural Colour (Annatto Norbixin).], Water [Water]	Allergens: Cereals, Eggs, Gluten, Milk, Wheat. May Contain: Soya.
Mini Jam Doughnuts	Mini Jam Doughnuts (100%) (90g) ;Wheat Flour (with Calcium, Iron, Niacin, Thiamin), Water, Apple and Raspberry Jam (22%) [Glucose Syrup, Apple ;Pureé, Sugar, Raspberry Pureé, Acidity Regulator (Citric Acid, Trisodium Citrate), Colour (Anthocyanins), Gelling Agent (Pectin), Flavouring], Palm Oil, Rapeseed Oil, Sweet Dust (Glucose, Cornflour, Palm Oil), Sugar, Dextrose, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate, Calcium Phosphates), Salt, Wheat Gluten, Soya Flour, Yeast, Flour Treatment Agent (Ascorbic Acid).	
Oatie Biscuit	Flora Margarine [Plant Oils (rapeseed, sunflower 18%, palm), water, salt, plant based emulsifier (lecithin), vinegar, natural flavourings, vitamin A.], Plain Flour [WHEAT Flour (with Calcium, Niacin, Iron, Thiamin).], Osprio Porridge Oats [Flaked OATS], Dessicated Coconut [Coconut, Preservative(Sodium Metabisulphite).], Golden Syrup [Partially Inverted Refiners Syrup.], Caster Sugar [Cane Sugar], Water [Water], Bicarbonate of Soda [Sodium Bicarbonate.]	Allergens: Cereals, Gluten, Oats, Sulphites, Sulphur Dioxide, Wheat.
Reduced Sugar Chocolate Cookie	Middleton's Reduced Sugar Chocolate Cookie Mix [WHEAT Flour (WHEAT, Calcium, Iron, Niacin, Thiamin), Sugar, Vegetable Oil Blend (Palm & Rapeseed Oil), Reduced Fat Cocoa Powder (3.5%), Raising Agents (E500(ii), E450(i)), Dextrose, Maltodextrin, Colour (Caramel Powder), Dried Whole EGG Powder, Dried EGG White Powder, Chocolate Flavouring (0.35%), Flavouring.], Water [Water]	Allergens: Cereals, Eggs, Gluten, Wheat. May Contain: Milk, Soya.
Reduced Sugar Chocolate Muffin	Middleton Reduced Sugar Chocolate Muffin Mix [Sugar, WHEAT Flour (Contains: Calcium, Iron, Niacin, Thiamin), Reduced Fat Cocoa Powder (7.9%), Dried Whole EGG Powder, Raising Agents (E450, E500), Thickener (Xanthan Gum).], Water [Water], Extended Life Oil [Rapeseed Oil, Anti-foaming Agent(Dimethylpolysiloxane).]	Allergens: Cereals, Eggs, Gluten, Wheat. May Contain: Milk, Soya.
Reduced Sugar Chocolate Sponge	Middleton's Reduced Sugar Chocolate Sponge [WHEAT Flour (WHEAT, Calcium, Iron, Niacin, Thiamin), Sugar, Vegetable Oil Blend (Palm & Rapeseed Oil), Reduced Fat Cocoa Powder (4.8%), Raising Agents (E500(ii), E450(i), E341(i)), Dried Whole EGG Powder, Skimmed MILK Powder, Dextrose, Butter MILK Powder, MILK Protein (Whey Powder, Acid Casein), Chocolate Flavouring (0.4%), Dried EGG White Powder, Maltodextrin, Thickener (Xanthan Gum), Colour (Caramel Powder), Emulsifier (Glucose Syrup, E472b, E477, SOYA Flour), Flavouring.], Water [Water]	Allergens: Cereals, Eggs, Gluten, Milk, Soya, Wheat.

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Reduced Sugar Flapjack	Reduced Sugar Flapjack Mix [Wholegrain OAT Flakes (54%), Vegetable Oil Blend (Palm & Rapeseed Oil), Sugar, Dried Glucose, Dextrose, Natural Flavouring, Salt, Flavouring.], Water [Water]	Allergens: Cereals, Gluten, Oats. May Contain: Barley, Eggs, Milk, Soya, Wheat.
Reduced Sugar Plain Muffin	Reduced Sugar Plain Muffin Mix [WHEAT Flour (WHEAT , Calcium, Iron, Niacin, Thiamin), Sugar, Dried Whole EGG Powder, Raising Agents (E450(i), E500(ii)), Thickener (Xanthan Gum), Flavouring.], Water [Water], Extended Life Oil [Rapeseed Oil, Anti-foaming Agent(Dimethylpolysiloxane).]	Allergens: Cereals, Eggs, Gluten, Wheat. May Contain: Milk, Soya.
Shortbread	Stork [Vegetable oils in varying proportions (70%) (rapeseed, palm, sunflower), water, salt (1,4%), preservative (potassium sorbate), acid (citric acid) emulsifier (mono- and diglycerides of fatty acid), flavourings, vitamin A and D.], Plain Flour [WHEAT Flour (with Calcium, Niacin, Iron, Thiamin).], Caster Sugar [Cane Sugar], Cornflour [Maize Starch.]	Allergens: Cereals, Gluten, Wheat.
Vegan American Pancake	Crepe Cuis Vegan American Style Pancake [Water, Fortified WHEAT Flour (with Calcium Carbonate, Iron, Niacin, Thiamin), Sugar, Vegetable Oil (Rapeseed), Cornflour, Raising Agents (E450i, E500), WHEAT Starch, Sea Salt, Flavouring.]	Allergens: Cereals, Gluten, Wheat. May Contain: Eggs, Milk.

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Kelloggs Bran Flakes	Kellogg's Bran Flakes (100%) (45g) WHOLEWHEAT (59%), WHEAT bran (18%), WHOLEWHEAT flour, sugar, BARLEY malt extract, glucose syrup, salt, natural flavouring, VITAMINS & MINERALS : Niacin, iron, vitamin B6, riboflavin, thiamin, folic acid, vitamin D, vitamin B12.	Allergens: Barley, Gluten, Wheat.
Nestle Shreddies	Shreddies Original (100%) (45g) Whole Grain WHEAT (96%), Sugar, Invert Sugar Syrup, BARLEY Malt Extract, Salt, Molasses, Vitamins and Minerals (Niacin, Iron, Pantothenic Acid, Folic Acid, Vitamin B6, Riboflavin).	Allergens: Barley, Gluten, Wheat. May Contain: Almonds, Brazil Nuts, Cashew Nuts, Hazelnuts, Macadamia or Queensland Nuts, Pecan Nuts, Pistachios, Walnuts.
Porridge Oats	Scott's Porridge Original Porridge Oats 3kg (100%) (45g) 100% Scott's Rolled Oats	Allergens: Gluten, Oats. May Contain: Barley, Wheat.
Semi Skimmed Milk	Milk (100%) (150g) Milk	Allergens: Dairy, Milk.
Weetabix	Weetabix Cereal Twin Portion Pack B (100%) (40g) WHEAT (95%), Malted BARLEY Extract, Sugar, Salt, Niacin, Iron, Riboflavin (B2), Thiamin (B1), Folic Acid.	Allergens: Barley, Gluten, Wheat.

High School Hot/Cold Fillings Report

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Title	Ingredients	Allergens (Single Column)
Bacon	Back Bacon [Pork (87%), Water, Salt, Preservatives (Sodium Nitrite, Potassium Nitrate), Antioxidant (Sodium Ascorbate).]	
Baked Beans		
BBQ Sauce	Barbecue Sauce [Water, Sugar, Tomato Paste, Spirit Vinegar, BARLEY Malt Vinegar, Soy Sauce (Water, SOYA Extract (Water, SOYA Beans, Salt, WHEAT Flour), Salt, Glucose, Spirit Vinegar, BARLEY Malt Extract), Modified Maize Starch, Salt, Caramelised Sugar Syrup, Flavourings (Contain WHEAT , CELERY), Smoked Maltodextrin, Preservative (Potassium Sorbate), Garlic Powder, Onion Powder.], Tomato Ketchup [Tomatoes (148 g per 100 g tomato ketchup), spirit vinegar, sugar, salt, spice and herb extracts (contain CELERY), spice.], Distilled Malt Vinegar [Distilled Malt Vinegar (from Barley) gluten], Sweet Chilli Sauce [Water, Sugar, Red Chilli (14%)(Red Chilli, Salt, Water, Acetic Acid), Garlic (4.0%)(Water, Garlic), Modified Corn Starch, Salt, Acidity Regulator(Acetic Acid), Preservative(Potassium Sorbate).], Light Brown Sugar [Cane sugar], Paprika [Ground Paprika.], Salt [Salt(Salt, Anti-caking Agent(Sodium Ferrocyanide).)], Ground Black Pepper [Ground Black Pepper.]	Allergens: Barley, Celery, Cereals, Gluten, Soya, Wheat.
Beef Meatballs in Tomato Sauce	Beef Meatballs [Beef (70%), Water, WHEAT flour (with calcium carbonate, iron, niacin and thiamin), Potato Starch, Rice Flour, Onion Powder, Salt, Stabilisers: diphosphate, triphosphate; Yeast Extract, Ground Spices, Spice Extract.], Tomato and Basil Sauce [Tomatoes (75%), Concentrated Tomato Purée (10%), Water, Onion, Sugar, Basil, Modified Maize Starch, Salt, Rapeseed Oil, Garlic Purée, Acidity Regulator (Citric Acid), Onion Powder, Parsley, Oregano, Black Pepper.]	Allergens: Cereals, Gluten, Wheat.
BLT	Back Bacon [Pork (87%), Water, Salt, Preservatives (Sodium Nitrite, Potassium Nitrate), Antioxidant (Sodium Ascorbate).], Tomatoes (loose) [Tomatoes], Iceberg Lettuce (each) [Iceberg]	
Cheese	Mature Coloured Cheddar Cheese [Cheddar Cheese (Milk) , Contains Colour(Annatto Norbixin).]	Allergens: Milk.
Cheese and Ham	British Sliced Ham [Pork, Salt, Dextrose, Glucose, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).], Mature Coloured Cheddar Cheese [Cheddar Cheese (Milk) , Contains Colour(Annatto Norbixin).]	Allergens: Milk.
Cheese and Onion	Mature Coloured Cheddar Cheese [Cheddar Cheese (Milk) , Contains Colour(Annatto Norbixin).], Red Salad Onions [Red Onions]	Allergens: Milk.
Cheese and Tomato	Tomatoes (loose) [Tomatoes], Mature Coloured Cheddar Cheese [Cheddar Cheese (Milk) , Contains Colour(Annatto Norbixin).]	Allergens: Milk.
Cheese and Tuna	Tuna (In Brine) [Skipjack Tuna (Fish), Water, Salt.], Mature Coloured Cheddar Cheese [Cheddar Cheese (Milk) , Contains Colour(Annatto Norbixin).], Light Mayonnaise [Water, rapeseed oil (21%), spirit vinegar, modified maize starch, sugar, salt, pasteurised free range EGG yolk (1.5%), citrus fibre, skimmed MILK powder, natural flavourings (contains MILK , MUSTARD), thickeners (guar gum, xanthan gum), lemon	Allergens: Eggs, Fish, Milk, Mustard.

Title	Ingredients	Allergens (Single Column)
	juice concentrate, MUSTARD flour, antioxidant (calcium disodium EDTA), paprika extract.]	
Cheese Savoury	Mature Coloured Cheddar Cheese [Cheddar Cheese (Milk) (Colour: Annatto Norbixin)], Tomatoes [Tomatoes], Onions [Onions White], Cucumber [Cucumber], Light Mayonnaise [Water, rapeseed oil (21%), spirit vinegar, modified maize starch, sugar, salt, pasteurised free range EGG yolk (1.5%), citrus fibre, skimmed MILK powder, natural flavourings (contains MILK, MUSTARD), thickeners (guar gum, xanthan gum), lemon juice concentrate, MUSTARD flour, antioxidant (calcium disodium EDTA), paprika extract.]	Allergens: Eggs, Milk, Mustard.
Chicken	RT Chicken Strips [Chicken Breast (98%), Salt, Potato Starch, Stabiliser (Triphosphates).], Olive Oil [Refined Olive Oil, Virgin Olive Oil.]	
Chicken Goujons	Chicken Goujons [Chicken Breast (58%), WHEAT flour (with added Calcium Carbonate, Iron, Niacin, Thiamin), Water, Breadcrumb (WHEAT flour with added Calcium Carbonate, Iron, Niacin, Thiamin, Water, Salt, Yeast), Rice Flour, Rapeseed Oil, WHEAT Starch, Stabiliser (Hydroxypropyl Methylcellulose), Salt, Caramel Sugar, Potato Starch, Stabiliser (Triphosphates), Yeast, Dextrose, Dried Glucose, Oligofructose (from chicory), Maize Flour, Sunflower Oil, Gluten (WHEAT), Raising Agents (Sodium Hydrogen Carbonate), Emulsifier (Disodium Diphosphate), Paprika, Emulsifier (Polyglycerol Polyricinoleate).]	Allergens: Cereals, Gluten, Wheat.
Chicken Mayonnaise	RT Chicken Strips [Chicken Breast (98%), Salt, Potato Starch, Stabiliser (Triphosphates).], Light Mayonnaise [Water, rapeseed oil (21%), spirit vinegar, modified maize starch, sugar, salt, pasteurised free range EGG yolk (1.5%), citrus fibre, skimmed MILK powder, natural flavourings (contains MILK, MUSTARD), thickeners (guar gum, xanthan gum), lemon juice concentrate, MUSTARD flour, antioxidant (calcium disodium EDTA), paprika extract.]	Allergens: Eggs, Milk, Mustard.
Chicken Meatballs in a Tomato Sauce (sandwich)	Chicken Meatballs [Chicken (70%); Water; Gluten Free Crumb (rice flour, gram flour, water, maize starch, salt, dextrose monohydrate); Seasoning (potato starch, salt, spices, onion powder, sugar, yeast extract, spice extracts)], Tomato and Basil Sauce [Tomatoes (75%), Concentrated Tomato Purée (10%), Water, Onion, Sugar, Basil, Modified Maize Starch, Salt, Rapeseed Oil, Garlic Purée, Acidity Regulator (Citric Acid), Onion Powder, Parsley, Oregano, Black Pepper.]	
Chicken Rollover Hot Dog	Chicken Hotdog (51.43%) (90g) Chicken Meat (87%), water, salt, dextrose, thickener: E407, stabiliser: E450, spices, spice extracts, antioxidant: E300, E301, spice, yeast extract, glucose syrup, preservative: E250, beechwood smoke, Rollover Baguette Pre Sliced (48.57%) (85g) WHEAT Flour (with Calcium, Iron, Niacin, Thiamin), Water, Yeast, Salt, Dextrose, Flour Treatment Agent (E300)	Allergens: Cereals, Wheat. May Contain: Milk, Sesame Seeds.
Chicken Sausages	Chicken Sausage [Chicken 65%, Chicken Skin, Water, Pea Flour, Potato Starch, Salt, Rice Flour, Yeast Extract, Stabiliser E451, Sugar, Spices, Onion Powder, Antioxidant E301, Spice Extract, Herb Extract, Filled in to a Beef Collagen Casing]	
Chicken Slice Sausage	Sliced Chicken Sausage (100%) (85g) Chicken (45%); Water; Rusk [WHEAT Flour (with Calcium Carbonate, Iron, Niacin and Thiamin), Salt]; Chicken Fat, Chicken Skin, Dextrose, Potato Starch, WHEAT Starch, Salt, Spices, Onion Powder, Sugar, Yeast Extract, Spice Extracts.	Allergens: Gluten, Wheat.
Coronation Sauce	Madras Curry Powder [Coriander (40%), Turmeric (22%), Rice Flour, Fenugreek (5%), Ginger, Salt(Salt, Anticaking Agent(Sodium Ferrocyanide)), Cumin, Black Pepper, Paprika, Colour(Paprika Extract), Nutmeg, Fennel.], Mango Chutney [Sugar, peeled mango slices, sugar cane vinegar, salt, chili powder, ginger powder, ground garlic, turmeric powder], Garlic Puree [Water, Garlic Powder (22%), Acidity Regulator (Citric Acid).], Light Mayonnaise [Water, rapeseed oil (21%), spirit vinegar, modified maize	Allergens: Eggs, Milk, Mustard. May Contain: Sulphites, Sulphur Dioxide.

Title	Ingredients	Allergens (Single Column)
	starch, sugar, salt, pasteurised free range EGG yolk (1.5%), citrus fibre, skimmed MILK powder, natural flavourings (contains MILK, MUSTARD), thickeners (guar gum, xanthan gum), lemon juice concentrate, MUSTARD flour, antioxidant (calcium disodium EDTA), paprika extract.]	
Egg Mayonnaise	(2.5 Doz) "medium" Free Range Eggs [100% Egg], Light Mayonnaise [Water, rapeseed oil (21%), spirit vinegar, modified maize starch, sugar, salt, pasteurised free range EGG yolk (1.5%), citrus fibre, skimmed MILK powder, natural flavourings (contains MILK, MUSTARD), thickeners (guar gum, xanthan gum), lemon juice concentrate, MUSTARD flour, antioxidant (calcium disodium EDTA), paprika extract.]	Allergens: Eggs, Milk, Mustard.
Falafel	Falafel [Rehydrated Chickpeas (66%)(Water, Chickpeas), Water, Onion (8%), Rapeseed Oil, Potato Flake(Dried Potato, Emulsifier(Mono- and Diglycerides of Fatty Acids)), Garlic Puree(Water, Garlic), Cumin Powder, Coriander Powder, Concentrated Lemon Juice, Parsley, Raising Agent(Sodium Bicarbonate), Salt, White Pepper.]	
Falafel	Brakes Falafel (100%) (100g) Chickpeas (57%) (Chickpeas, Gram Flour), Onion (16%), Brown Rice Flour (13%), Rapeseed Oil, Parsley, Salt, Cumin, Coriander, Concentrated Lemon Juice, Black Pepper, Garlic Powder, Chilli Powder.	
Garlic Mushrooms	Mushrooms (loose) [Mushrooms], Semi Skimmed Milk (2L) [100% fresh milk], Diced Onions (frozen) [Onions (EU Origin)], Olive Oil [Refined Olive Oil, Virgin Olive Oil.], Knorr Vegetable Bouillon Powder [Maltodextrin, salt, yeast extract, starch, sugar, flavourings, onion (2.5%), extra virgin olive oil, carrot juice powder (1.3%), parsley root, parsnip, garlic powder, pepper, lovage roots, bay leaves, turmeric.], Garlic (pk 2) [Garlic], Plain Flour [WHEAT Flour (with Calcium, Niacin, Iron, Thiamin).], Black Pepper [Black Pepper.]	Allergens: Cereals, Gluten, Milk, Wheat.
Ham and Tomato	Tomatoes (loose) [Tomatoes], British Sliced Ham [Pork, Salt, Dextrose, Glucose, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).]	
Hot and Spicy Chicken Steak	Hot and Spicy Chicken Steak (100%) (85g) Chicken Breast Fillet (RTA) (55.5%), Water, Fortified WHEAT Flour, Salt, Yeast Extract (SULPHITES), Rapeseed Oil, Durum WHEAT Semolina, Potato Starch, WHEAT Gluten , Stabilisers (E451), Maize Starch, Breadcrumb [Fortified WHEAT Flour (Calcium Carbonate, Iron, Niacin, Thiamin), Yeast, Salt], Garlic Powder, Raising Agent: (E450, E500(II), E341), Spices (Chilli Powder, White Pepper, Cayenne Chilli), Spice Extracts (Black Pepper, Capsicum Extract, Paprika), WHEAT Flour, Onion Powder, Dextrose, Paprika Extract, Thickener (E415), White Pepper, Capsicum Extract, Garlic Extract, Vegetable Oil (Sunflower)	Allergens: Gluten, Kamut (Wheat), Sulphites. May Contain: Celery, Eggs, Milk, Sulphur Dioxide.
INVALID LABEL DO NOT USE Vegan Mayonnaise	INVALID LABEL DO NOT USE	
Katsu Curry Sauce	Water [Water], Diced Onions (frozen) [Onions (EU Origin)], Amoy Light Coconut Milk [Coconut Extract (82%), Water, Thickener (Cellulose Gum), Emulsifier (Polysorbate 60).], Curry Powder [Coriander, Turmeric (26%), Cumin Powder (8%), Salt(Salt, Anticaking agent(Sodium Ferrocyanide)), Rice Flour, Fenugreek (8%), White Pepper, Chilli Powder, Ginger, Fennel, Paprika, Mace.], Extended Life Oil [Rapeseed Oil, Anti-foaming Agent(Dimethylpolysiloxane).], Cornflour [Maize Starch.], Knorr Vegetable Bouillon Powder [Maltodextrin, salt, yeast extract, starch, sugar, flavourings, onion (2.5%), extra virgin olive oil, carrot juice powder (1.3%), parsley root, parsnip, garlic powder, pepper, lovage roots, bay leaves, turmeric.], Kikkoman GF Soy Sauce [Water, SOYBEANS , Salt, Spirit vinegar], Garlic Puree [Water, Garlic Powder (22%), Acidity Regulator (Citric Acid).], Caster Sugar [Cane Sugar]	Allergens: Soya.

Title	Ingredients	Allergens (Single Column)
Meat Free Sausages	Meat Free Sausage [Water, Pea Protein (19%), Vegetable Oils (Rapeseed, Shea, Coconut), Thickener (E461), Rice Protein, Preservative (E326), Caramelised Carrot Concentrate, Salt, Potato Starch, Natural Flavouring, Yeast Extracts, Beetroot Concentrate, Vegetable Fibres (Pea, Potato), Smoked Water, Carrot Concentrate, Ground Black Pepper, Acidity Regulator (E300)]	
Nut Free Satay Sauce	Water [Water], Amoy Light Coconut Milk [Coconut Extract (82%), Water, Thickener (Cellulose Gum), Emulsifier (Polysorbate 60).], Onions [Onions White], Sliced Mixed Peppers [Green Pepper (33%), Red Pepper (33%), Yellow Pepper (33%).], Cornflour [Maize Starch.], Curry Powder [Coriander, Turmeric (26%), Cumin Powder (8%), Salt(Salt, Anticaking agent(Sodium Ferrocyanide)), Rice Flour, Fenugreek (8%), White Pepper, Chilli Powder, Ginger, Fennel, Paprika, Mace.], Coriander [Coriander.], Knorr Chicken Bouillon Powder [Maltodextrin, flavourings, salt, sugar, chicken fat (4%), yeast extract, chicken (1%), spices (turmeric, garlic powder, lovage roots), antioxidant (extracts of rosemary).], Ginger [Ginger], Garlic Puree [Water, Garlic Powder (22%), Acidity Regulator (Citric Acid).], Mild Chilli Powder [Paprika, Chilli Powder (20%).], Caster Sugar [Cane Sugar]	May Contain: Cereals, Gluten, Wheat.
Piri Piri Sauce	Limes (each) [Limes], Olive Oil [Refined Olive Oil, Virgin Olive Oil.], Garlic (pk 2) [Garlic], Mild Chilli Powder [Paprika, Chilli Powder (20%).], Paprika [Ground Paprika.], Oregano [Oregano.], Ground Black Pepper [Ground Black Pepper.], Salt [Salt(Salt, Anti-caking Agent(Sodium Ferrocyanide)).]	
Pork Sausages	Pork Sausages 57g (Shaws) [Pork 80%, Rice Flour, Gluten Free Breadcrumbs (Rice Flour, Gram Flour, Maize Starch, Dextrose), Salt, Sugar, Stabilisers (Diphosphates E450), Preservative E221 (Sulphite), Dried Onion, Dried Leek, Yeast Extract, Spice, Natural Flavourings, Antioxidant (Ascorbic Acid)]	Allergens: Sulphites, Sulphur Dioxide.
Potato Scone	Potato Scone (100%) (1g) Re Hydrated Potato Flakes (78%), WHEAT Flour (with added calcium carbonate, iron, niacin (B3) and thiamine (B1)), Vegetable Oil (Rapeseed), Salt, Raising Agent (E450i and E500ii) Preservative (E202)	Allergens: Cereals, Wheat. May Contain: Almonds, Brazil Nuts, Cashew Nuts, Eggs, Hazelnuts, Macadamia or Queensland Nuts, Milk, Pecan Nuts, Pistachios, Soya, Tree Nuts, Walnuts.
Quorn Burger	Quorn Burgers [Mycoprotein (44%), Rehydrated Free Range EGG White, Textured WHEAT Protein, [WHEAT Flour (contains added Calcium, Iron, Niacin & Thiamine), Colour: Plain Caramel. Stabiliser: Sodium Alginate.], Onion, MILK Proteins, Flavouring (contains Potassium Chloride), Rapeseed Oil, Tapioca Starch, Firming Agents: Calcium Chloride, Calcium Acetate. Roasted BARLEY Malt Extract]	Allergens: Barley, Cereals, Eggs, Gluten, Milk, Wheat.
Quorn Burger	QuornPro 50gr Burger (100%) (100g) Mycoprotein (44%), Rehydrated Free Range EGG White, Textured WHEAT Protein, [WHEAT Flour (contains added Calcium, Iron, Niacin & Thiamine), Colour: Plain Caramel. Stabiliser: Sodium Alginate.], Onion, MILK Proteins, Flavouring (contains Potassium Chloride), Rapeseed Oil, Tapioca Starch, Firming Agents: Calcium Chloride, Calcium Acetate. Roasted BARLEY Malt Extract	Allergens: Barley, Eggs, Gluten, Milk, Wheat.

Title	Ingredients	Allergens (Single Column)
Quorn Vegan Dippers	Quorn Vegan Dippers [Mycoprotein (61%), Water, Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Rapeseed Oil, Pea Fibre, Natural Flavouring, Durum Wheat Semolina, Potato Protein, Pea Protein, Wheat Gluten, Maize Flour, Wheat Starch, Dextrose, Raising Agents: Disodium Bicarbonate, Sodium Bicarbonate; Salt, Turmeric Extract. For allergens, including cereals containing gluten, see ingredients in bold.]	Allergens: Cereals, Gluten, Wheat.
Quorn Vegan Fillet	Quorn Vegan Fillet [Mycoprotein (86%), Natural Flavouring, Pea Fibre, Potato Protein, Pea Protein, Wheat Gluten, Stabiliser: Carrageenan. Allergy Advice: For allergens, including cereals containing gluten, see ingredients in bold.]	Allergens: Cereals, Gluten, Wheat.
Quorn Vegan Nuggets	Quorn Vegan Nuggets [Mycoprotein (51%), Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Rapeseed Oil, Water, Wheat Starch, Pea Fibre, Natural Flavouring, Potato Protein, Pea Protein, Salt, Wheat Gluten, Durum Wheat Semolina, Yeast, Sage, Garlic Powder, White Pepper, Colour: Paprika Extract; Sage Extract, Onion Powder, Onion Oil, Raising Agent: Ammonium Bicarbonate. For allergens, including cereals containing gluten, see ingredients in bold.]	Allergens: Cereals, Gluten, Wheat.
Quorn Vegan Sausages	Quorn Vegan Sausages [Water, Mycoprotein (17%), Textured Pea Protein (Pea Protein, Pea Extract), Rusk [Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Salt], Seasoning [Natural Flavourings, Yeast Extracts, Maltodextrin, Spices (Pepper, Allspice, Mace, Ginger), Potassium Chloride, Onion Powder, Oregano, Nutmeg Extract, Mace Extract], Wheat Gluten, Vegetable Oil (Palm, Rapeseed), Casing (Calcium Alginate), Stabiliser: Methylcellulose, Sodium Alginate. Allergy Advice: For allergens, including cereals containing gluten, see ingredients in bold.]	Allergens: Cereals, Gluten, Wheat.
Roast Veg and Cream Cheese	Brakes Low Fat Soft Cream Cheese [Skimmed MILK , MILK Solids, Cream (MILK) , Starch, Locust Bean Gum E410, Salt E535, Potassium Sorbate, Culture.], Courgettes (loose) [Courgettes], Large Onions (kg) [Onions], Red Pepper (each) [Dutch" Red Peppers], Green Peppers (each) [Green Peppers], Potatoes [Washed & peeled potatoes], Extended Life Oil [Rapeseed Oil, Anti-foaming Agent(Dimethylpolysiloxane).], Mixed Herbs [Marjoram, Thyme, Parsley, Basil, Savory.], Red Salad Onions [Red Onions], Yellow Pepper (each) [Yellow Peppers]	Allergens: Milk.
Roasted Vegetable and Mozzarella (bespoke filling)	Courgettes (loose) [Courgettes], Shredded Mozzarella [Mozzarella Cheese (98%) (Milk),Anti-caking Agent(Potato Starch).], Large Onions (kg) [Onions], Red Pepper (each) [Dutch" Red Peppers], Green Peppers (each) [Green Peppers], Potatoes [Washed & peeled potatoes], Red Onion [Red Salad Onions [Red Onions]], Extended Life Oil [Rapeseed Oil, Anti-foaming Agent(Dimethylpolysiloxane).], Mixed Herbs [Marjoram, Thyme, Parsley, Basil, Savory.], Yellow Pepper (each) [Yellow Peppers]	Allergens: Milk.
Sausage Roll (Pastry, 118842)	Sausage Roll (Pastry) (100%) (120g) Pork (32%), Water, WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Vegetable Margarine (Vegetable Oils and Fats [Palm], Water, Salt, Lemon Juice), Seasoning Mix (Rusk, Fortified WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Raising Agent: Ammonium Bicarbonate), Breadcrumb (WHEAT), Salt. WHEAT Starch, Dehydrated Onion, Natural Flavouring, Herbs [Sage, Parsley], Dextrose, Sugar, Yeast Extract Powder, White Pepper, Antioxidant: Ascorbic Acid), White Shortening (Vegetable Oils and Fats [Palm, Rapeseed]), Water, Salt, Lemon Juice), Salt, Yeast Extract (Yeast Extract, Salt), Glaze (MILK Protein, Dextrose, Vegetable Oil), Sage	Allergens: Gluten, Milk, Wheat.
Sausage Roll (Pastry, 3634)	Sausage Roll (Pastry) (100%) (103g) Puff Pastry (Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Palm Oil, Palm Stearin, Salt, Rapeseed Oil, Emulsifier (Mono- and Diglycerides of Fatty Acids), Concentrated Lemon Juice), Filling (Water, Pork Shoulder (9%), Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Pork Fat, Potato Starch, Salt, Emulsifying Salts (Potassium Chloride), Herbs [Sage, Marjoram, Thyme, Oregano], Spices [White Pepper, Nutmeg], Dextrose,	Allergens: Gluten, Sulphites, Wheat.

Title	Ingredients	Allergens (Single Column)
	Preservative (Sodium ; Sulphite), Emulsifier (Pentasodium Triphosphate), Yeast Extract, Antioxidant (Sodium Ascorbate), Spice Extracts [Pepper, Ginger, Nutmeg, Capsicum], Herb Extracts [Sage, Marjoram, Thyme, Rosemary, Basil]), Glaze (Water, Rapeseed Oil, Sugar, Cornflour, Pea Protein, Tapioca Starch). ;	
Shaws - GF Lorne Sausage	Shaws - Gluten Free Lorne Sausage (100%) (1g) Beef (70%), pea flour, water, salt, spice, potato starch, rice flour, dextrose, antioxidant	Allergens: Sulphites.
Shaws - Lorne Sausage	Shaws - Lorne Sausage (100%) (1g) Beef (73%), RUSK , water, FLOUR , salt, spices, flavouring, preservative E221, antioxidant, natural colour	Allergens: Gluten, Sulphites.
Shaws - Pork Sausage	Shaws - Pork Sausage (100%) (1g) Pork (73%), RUSK , water, salt, pepper, spices, antioxidant, preservative E221	Allergens: Gluten, Soya, Sulphites.
Simon Howie GF Beef Burger (85g)	Simon Howie GF Burger (85g) [Beef (86%), Water, Dried Potato, Potato Starch, Salt, Rice Flour, Spices (Black Pepper, Cinnamon, Nutmeg, Clove, Cassia), Preservative (Sodium Metab isulphite), Hydrolysed Maize Protein, Herbs (Coriander, Marjoram, Sage, Thyme, Oregano), Yeast Extract, Dextrose, Flavouring, Spice Extract.]	Allergens: Sulphites, Sulphur Dioxide.
Southern Style Chicken Goujons	Green Gourmet British Red Tractor Breaded Southern Style Chicken Goujons (100%) (84g) Chicken Breast (58%), Water, WHEAT Flour , (with Calcium Carbonate, Iron, Niacin, Thiamin), Rapeseed Oil, Salt, Potato Starch, Dehydrated Onion, Spices (Black Pepper, Fennel, Nutmeg), Garlic, Stabiliser: Triphosphates; WHEAT Gluten , Caramelised Sugar Syrup, Dextrose, Yeast & Yeast Extract, Acidity Regulator: Citric Acid; Glucose Syrup, Fructose, Colour: Paprika, Curcumin; Spice Extracts, Thickener: Xanthan Gum.	Allergens: Gluten, Wheat.
Spicy Bean Burger	Spicy Bean Burger [Cooked Red Kidney Beans (30%), Water, Vegetables (13%) (Onion, Green Pepper, Carrot), Breadcrumbs (13%) [Fortified Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Yeast, Salt, Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids), Flour Treatment Agent (Ascorbic Acid)], Fortified Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Vegetable Oils (Sunflower, Rapeseed) in varying proportions, WHEAT Semolina, Tomato Powder, Spices (Cayenne Pepper, Paprika Powder, Cumin, Black Pepper), Modified Starch, Salt, Sugar, Onion Powder, Garlic Powder, Acid (Citric Acid), Raising Agent (Ammonium Carbonates), Colour (Paprika Extract), Oregano.]	Allergens: Cereals, Gluten, Wheat.
Spicy Sauce	Water [Water], Olive Oil [Refined Olive Oil, Virgin Olive Oil.], Tomato Paste [Tomatoes], Fajita Seasoning [Salt [Salt, Anticaking Agent (Sodium Ferrocyanide)], Chilli Powder (23%), Onion Powder, Sugar, Cumin Powder, Garlic Powder (8%), Oregano (0.5%), Flavouring, Paprika Extract, Lime Extract (0.5%), Cassia, Nutmeg, Coriander Leaf, Anticaking Agent (Silicon Dioxide).], Knorr Vegetable Bouillon Powder [Maltodextrin, salt, yeast extract, starch, sugar, flavourings, onion (2.5%), extra virgin olive oil, carrot juice powder (1.3%), parsley root, parsnip, garlic powder, pepper, lovage roots, bay leaves, turmeric.], Paprika [Ground Paprika.], Cumin [Cumin.]	May Contain: Cereals, Gluten, Wheat.
Spicy Tomato Sauce	Tomato and Basil Sauce [Tomatoes (75%), Concentrated Tomato Purée (10%), Water, Onion, Sugar, Basil, Modified Maize Starch, Salt, Rapeseed Oil, Garlic Purée, Acidity Regulator (Citric Acid), Onion Powder, Parsley, Oregano, Black Pepper.], Mild Chilli Powder [Paprika, Chilli Powder (20%).]	
Spinach and Falafel Burger	Spinach and Falafel Burger [Chickpeas (62%) Chickpeas, Gram Flour), Spinach (15%), Onion, Rapeseed Oil, Parsley, Salt, Cumin, Coriander, Concentrated Lemon Juice, Black Pepper, Garlic Powder, Chilli Powder.]	

Title	Ingredients	Allergens (Single Column)
Sweet Chilli Mayo Chicken	RT Chicken Strips [Chicken Breast (98%), Salt, Potato Starch, Stabiliser (Triphosphates).], Sweet Chilli Sauce [Water, Sugar, Red Chilli (14%)(Red Chilli, Salt, Water, Acetic Acid), Garlic (4.0%)(Water, Garlic), Modified Corn Starch, Salt, Acidity Regulator(Acetic Acid), Preservative(Potassium Sorbate).], Light Mayonnaise [Water, rapeseed oil (21%), spirit vinegar, modified maize starch, sugar, salt, pasteurised free range EGG yolk (1.5%), citrus fibre, skimmed MILK powder, natural flavourings (contains MILK, MUSTARD), thickeners (guar gum, xanthan gum), lemon juice concentrate, MUSTARD flour, antioxidant (calcium disodium EDTA), paprika extract.]	Allergens: Eggs, Milk, Mustard.
Sweet Chilli Sauce	Sweet Chilli Sauce [Water, Sugar, Red Chilli (14%)(Red Chilli, Salt, Water, Acetic Acid), Garlic (4.0%)(Water, Garlic), Modified Corn Starch, Salt, Acidity Regulator(Acetic Acid), Preservative(Potassium Sorbate).]	
Tomato Sauce (for meatballs)	Water [Water], Chopped Tomatoes [Tomatoes, Tomato Juice, Acidity Regulator (Citric Acid).], Potatoes [Washed & peeled potatoes], Diced Carrots [Carrot (origin: EU).], Diced Swede [Swede], Leeks (loose) [Leeks], Knorr Vegetable Bouillon Powder [Maltodextrin, salt, yeast extract, starch, sugar, flavourings, onion (2.5%), extra virgin olive oil, carrot juice powder (1.3%), parsley root, parsnip, garlic powder, pepper, lovage roots, bay leaves, turmeric.], Garlic (pk 2) [Garlic], Olive Oil [Refined Olive Oil, Virgin Olive Oil.]	
Tuna mayonnaise	Tuna (In Brine) [Skipjack Tuna (Fish), Water, Salt.], Light Mayonnaise [Water, rapeseed oil (21%), spirit vinegar, modified maize starch, sugar, salt, pasteurised free range EGG yolk (1.5%), citrus fibre, skimmed MILK powder, natural flavourings (contains MILK, MUSTARD), thickeners (guar gum, xanthan gum), lemon juice concentrate, MUSTARD flour, antioxidant (calcium disodium EDTA), paprika extract.]	Allergens: Eggs, Fish, Milk, Mustard.
Tuna Melt	Tuna (In Brine) [Skipjack Tuna (Fish), Water, Salt.], Mature Coloured Cheddar Cheese [Cheddar Cheese (Milk) , Contains Colour(Annatto Norbixin).], Light Mayonnaise [Water, rapeseed oil (21%), spirit vinegar, modified maize starch, sugar, salt, pasteurised free range EGG yolk (1.5%), citrus fibre, skimmed MILK powder, natural flavourings (contains MILK, MUSTARD), thickeners (guar gum, xanthan gum), lemon juice concentrate, MUSTARD flour, antioxidant (calcium disodium EDTA), paprika extract.]	Allergens: Eggs, Fish, Milk, Mustard.
Turkey Meatballs in Tomato Sauce (sandwich)	Turkey Meatballs [Turkey (74%), Water, Onion, Starch, Salt, Stabiliser (Diphosphates), Spirit Vinegar, Lemon Juice Concentrate, Black Pepper, Chilli, Natural Flavouring, Bay, Ginger, Cumin, Cayenne Pepper, Rosemary, Thyme, Garlic Powder, Oregano.], Tomato and Basil Sauce [Tomatoes (75%), Concentrated Tomato Purée (10%), Water, Onion, Sugar, Basil, Modified Maize Starch, Salt, Rapeseed Oil, Garlic Purée, Acidity Regulator (Citric Acid), Onion Powder, Parsley, Oregano, Black Pepper.]	
Vegan Lorne Sausage	Vegan Lorne Sausage [Water, Wheat Flour (Calcium Carbonate, Iron, Niacin, Thiamine), Soya Protein, Vegetable Oils (Palm, Sunflower), Defatted Soya Grits, Salt, Thickener (Hydroxypropyl Methylcellulose), Dried Onion, Spices (White Pepper, Nutmeg, Coriander, Pimento, Ginger, Cayenne, Paprika), Colours (Beetroot Red, Iron Oxide), Yeast Extract, Flavourings (Sage, Nutmeg, Thyme), Rice Flour, Preservative (Sodium Metabisulphite), Sugar, Antioxidants (Ascorbic Acid, Citric Acid), Niacin.]	Allergens: Cereals, Gluten, Soya, Sulphites, Sulphur Dioxide, Wheat.
Vegan Meatballs in Tomato Sauce (sandwich)	Vegan Meatballs 14g [Water, SOYA Protein (19%), Onion, Sunflower Oil, Tomato Paste, Chickpea Flour, Thickener (Methyl Cellulose), Brown Sugar, Raising Agent (Sodium Bicarbonate), Flavouring, Salt, Garlic Powder, Colour (Caramel), Natural Flavouring, Black Pepper.], Tomato and Basil Sauce [Tomatoes (75%), Concentrated Tomato Purée (10%), Water, Onion, Sugar, Basil, Modified Maize Starch, Salt, Rapeseed Oil, Garlic Purée, Acidity Regulator (Citric Acid), Onion Powder, Parsley, Oregano, Black Pepper.]	Allergens: Soya.

Title	Ingredients	Allergens (Single Column)
Vegan Sausage Roll (Pastry)	Vegan Sausage Roll (Pastry) (100%) (64g) PUFF PASTRY: Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Vegetable Oils (Palm Oil, Rapeseed Oil), Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids).FILLING: Water, Textured Wheat Protein (4%) [Wheat Gluten], Wholewheat Rusk [Wholewheat Flour], Palm Oil, Dextrose, Stabiliser (Hydroxypropyl Methyl Cellulose), Potato Starch, Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Rusk [Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Salt], Yeast Extract, Rice Flour, Salt, Black Pepper, Colour (Beetroot Red), Spice & Herb Extracts (Pepper Extract, Nutmeg Extract, Mace Extract, Pimento Extract, Ginger Extract, Coriander Extract, Sage Extract, Capsicum Extract), Sage.GLAZE: Water, Dextrose, Colours (Carotenes, Paprika Extract).	Allergens: Gluten, Wheat.
Vegetable Fajita (Bespoke Sandwich Filling)	Red Pepper (each) [Dutch" Red Peppers], Green Peppers (each) [Green Peppers], Carrots (loose) [Carrot], Large Onions (kg) [Onions], Sweetcorn [Sweetcorn.], Mild White Cheddar Cheese [Cheddar Cheese (Milk)], Fajita Seasoning [Salt [Salt, Anticaking Agent (Sodium Ferrocyanide)], Chilli Powder (23%), Onion Powder, Sugar, Cumin Powder, Garlic Powder (8%), Oregano (0.5%), Flavouring, Paprika Extract, Lime Extract (0.5%), Cassia, Nutmeg, Coriander Leaf, Anticaking Agent (Silicon Dioxide).], Extended Life Oil [Rapeseed Oil, Anti-foaming Agent(Dimethylpolysiloxane).]	Allergens: Milk.
Veggie Nuggets	Sysco Vegetable Nuggets [Wheat Flour(Wheat Flour,Calcium Carbonate,Iron,Niacin,Thiamin),Water,Carrot (12%),Peas (10%),Sweetcorn (9%),Onion (9%),Red Pepper (6%),Dried Potato,Green Beans (5%),Rapeseed Oil,Leek (3%),Cauliflower Florets (3%),Potato,Salt,Yeast,Sugar,Yeast Extract,Garlic Powder,Onion Powder,Tomato Powder,Red Pepper Powder,Parsley,Sage,Flavouring,White Pepper,Black Pepper Extract,Sage Extract.]	Allergens: Cereals, Gluten, Wheat.

Pasta King Report

Date: 26/03/2026

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Title	Ingredients	Allergens (Single Column)
Pasta King Carbonara	Carbonara (100%) (1g) Reconstituted Béchamel Sauce (77%) (Water, Béchamel Powder, Cream Powder (MILK), MILK Powder, Modified Waxy Maize Starch, Skimmed MILK Powder, Salt, WHEAT Flour (Calcium Carbonate, Iron, Niacin, Thiamin), Yeast Extract, Onion Powder, Spice (White Pepper), Onion Extract), Ham (11%) (Pork, Water, Salt, Stabilisers (E450, E451), Dextrose, Antioxidant (E301), Preservative (E250), Smoke Flavouring), Mushrooms Sliced (6%) (Mushrooms, Water, Acidity Regulator (Citric Acid), Antioxidant (Ascorbic Acid)), Diced Onions (3%), Cheddar Cheese (Milk) Mature (MILK) (3%) (White Mature Cheddar (Milk), Starch), Black Pepper, Garlic Powder / Granules.	Allergens: Cereals, Gluten, Milk.
Pasta King: Amigo Meatballs	Pasta King: Amigo Meatballs (100%) (1g) Tomato Coulis (79%) (Tomato, Tomato Paste, Water, Onion, Carrot, Sugar, Sunflower Oil, Salt Preservative (Potassium Sorbate), Black Ground Pepper, Basil), British Meatballs Pork (14%) (Pork, Onion, Rusk (WHEAT Flour (Contains Calcium Carbonate, Iron, Niacin, Thiamin), Salt), Garlic Puree, Tomato Puree, Fennel, Salt, Dextrose, Chilli Powder), Diced Red and Green Pepper (6%), Chilli Sauce (Water, Sugar, Spirit Vinegar, Tomato Paste, Salt, Crushed Chillies, Modified Maize Starch, Cayenne Pepper, Preservative: Potassium Sorbate, Paprika, Cumin, Oregano, Garlic powder).	Allergens: Gluten, Wheat.
Pasta King: Arrabiata	Pasta King: Arrabiata (100%) (1g) Tomato Coulis (72%) (Tomato, Tomato Paste, Water, Onion, Carrot, Sugar, Sunflower Oil, Salt Preservative (Potassium Sorbate), Black Ground Pepper, Basil), Diced Red and Green Pepper (26%), Chilli Sauce (2%) (Water, Sugar, Spirit Vinegar, Tomato Paste, Salt, Crushed Chillies, Modified Maize Starch, Cayene Pepper, Preservative: Potassium Sorbate, Paprika, Cumin, Oregano, Garlic Powder).	
Pasta King: Basilico	Pasta King: Basilico (100%) (1g) Tomato (74%), tomato paste (7%), onion, sunflower oil, carrot, basil (2%), sugar, salt, modified corn starch, preservative: potassium sorbate, black pepper.	
Pasta King: BBQ Chicken Torino	Pasta King: BBQ Chicken Torino (100%) (1g) Tomato Coulis (76%) (Tomato, Tomato Paste, Water, Onion, Carrot, Sugar, Sunflower Oil, Salt Preservative (Potassium Sorbate), Black Ground Pepper, Basil), Chicken Diced (14%) (Chicken Breast, Salt), BBQ Sauce (5%) (Sugar, Water, Tomato Paste, Spirit Vinegar, Molasses (Contains Cane Molasses, Partially Inverted Sugar Syrup), Modified Maize Starch, Salt, Malt Extract (BARLEY), Smoke Flavouring, Garlic Powder, Spice (Black Pepper)), Sliced Mixed Peppers (5%)	Allergens: Barley, Gluten.
Pasta King: BBQ Pulled Pork	Pasta King: BBQ Pulled Pork (100%) (1g) Tomato & Basil Sauce (74%) (Tomato, Tomato Paste, Onion, Sunflower Oil, Carrot, Basil, Sugar, Salt, Modified Corn Starch, Preservative (Potassium Sorbate), Black Ground Pepper), Pulled Pork Shoulder (9%), Diced Red and Green Pepper (9%), Diced Onions (5%), BBQ Sauce (3%) (Sugar, Water, Tomato Paste, Spirit Vinegar, Molasses (Contains Cane Molasses, Partially Inverted Sugar Syrup), Modified Maize Starch, Salt, Malt Extract (BARLEY), Smoke Flavouring, Garlic Powder, Spice (Black Pepper)).	Allergens: Barley, Gluten.
Pasta King: BBQ Quorn	Pasta King: BBQ Quorn (100%) (1g) Tomato Coulis (76%) (Tomato, Tomato Paste, Water, Onion, Carrot, Sugar, Sunflower Oil, Salt Preservative (Potassium Sorbate), Black Ground Pepper, Basil), Quorn Pieces (14%)(Mycoprotein, Free Range EGG White	Allergens: Cereals, Eggs, Gluten.

Title	Ingredients	Allergens (Single Column)
	(Egg), Natural Flavouring, Firming Agents (Calcium Chloride, Calcium Acetate)), BBQ Sauce (5%) (Sugar, Water, Tomato Paste, Spirit Vinegar, Molasses (Contains Cane Molasses, Partially Inverted Sugar Syrup), Modified Maize Starch, Salt, Malt Extract (BARLEY), Smoke Flavouring, Garlic Powder, Spice (Black Pepper)), Sliced Mixed Peppers (5%).	
Pasta King: BBQ Sausage	Pasta King: BBQ Sausage (100%) (1g) Tomato Coulis (82%) (Tomato, Tomato Paste, Water, Onion, Carrot, Sugar, Sunflower Oil, Salt Preservative (Potassium Sorbate), Black Ground Pepper, Basil), Sausage (13%) (Pork, Water, Rusk (WHEAT Flour (Contains Calcium Carbonate, Iron, Niacin, Thiamin), Salt), Seasoning (Salt, WHEAT Flour (Contains Calcium Carbonate, Iron, Niacin, Thiamin), Dextrose, Spice Extracts (Pepper, Nut meg, Coriander, Ginger, Cinnamon, Clove, Cayenne), Antioxidant E300). Filled in to Beef Collagen Casing), BBQ Sauce (5%) (Sugar, Water, Tomato Paste, Spirit Vinegar, Molasses (Contains Cane Molasses, Partially Inverted Sugar Syrup), Modified Maize Starch, Salt, Malt Extract (BARLEY), Smoke Flavouring, Garlic Powder, Spice (Black Pepper)).	Allergens: Barley, Gluten, Wheat.
Pasta King: Bolognese	Pasta King: Bolognese (100%) (1g) Tomato Coulis (86%) (Tomato, Tomato Paste, Water, Onion, Carrot, Sugar, Sunflower Oil, Salt Preservative (Potassium Sorbate), Black Ground Pepper, Basil), British Beef Mince (14%), Italian Seasoning (Oregano, Basil, Thyme, Rosemary, Black Pepper, Garlic Granules)	
Pasta King: Cheese Sauce	Pasta King: Cheese Sauce (100%) (1g) Reconstituted Béchamel Sauce (87%) (Water, Béchamel Powder, Cream Powder (MILK), MILK Powder, Modified Waxy Maize Starch, Skimmed MILK Powder, Salt, WHEAT Flour (Calcium Carbonate, Iron, Niacin, Thiamin), Yeast Extract, Onion Powder, Spice (White Pepper), Onion Extract), Cheddar (Milk) Crumb Mature (MILK) (13%) (White Mature Cheddar (Milk), Starch).	Allergens: Gluten, Milk, Wheat.
Pasta King: Cheeseburger	Pasta King: Cheeseburger (100%) (1g) Tomato Coulis (79%) (Tomato, Tomato Paste, Water, Onion, Carrot, Sugar, Sunflower Oil, Salt, Preservative (Potassium Sorbate), Black Ground Pepper, Basil), British Beef Mince (14%), Vegetarian Grated Hard Cheese (Milk) (6%) (Vegetarian Hard Cheese (Milk) (MILK), Preservative: Lysozyme (EGG)), Diced Onions.	Allergens: Eggs, Milk.
Pasta King: Chicken Italiano	Pasta King: Chicken Italiano (100%) (1g) Tomato & Basil Sauce (86%) (Tomato, Tomato Paste, Onion, Sunflower Oil, Carrot, Basil, Sugar, Salt, Modified Corn Starch, Preservative (Potassium Sorbate), Black Ground Pepper), Chicken Diced (14%) (Chicken Breast, Salt).	
Pasta King: Chicken Tikka	Pasta King: Chicken Tikka (100%) (1g) Tomato Coulis (85%) (Tomato, Tomato Paste, Water, Onion, Carrot, Sugar, Sunflower Oil, Salt Preservative (Potassium Sorbate), Black Ground Pepper, Basil), Chicken Diced (14%) (Chicken Breast, Salt), Tikka Marinade (1%) (Paprika, Salt, Dried Garlic Powder, Roasted Coriander Powder, Turmeric, Dried Mint, Dried Ginger Powder, Roasted Cumin Powder, Cardamom Powder, Dried Lemon Juice Powder, Chilli Powder, Ajwain Seeds, Fenugreek Leaves, Mace, Nutmeg, Dried Coriander Leaves, Black Pepper Powder, Fenugreek Powder, Cinnamon Powder, Clove Powder, Cumin Powder, Bay Leaf Powder).	
Pasta King: Chilli Beef	Chilli Beef (100%) (1g) Tomato Coulis (74%) (Tomato, Tomato Paste, Water, Onion, Carrot, Sugar, Sunflower Oil, Salt, Preservative (Potassium Sorbate), Black Ground Pepper, Basil), British Beef Mince (13%), Red Kidney Beans (13%), Chilli Powder (Cayenne Pepper, Paprika, Cumin, Oregano, Garlic).	
Pasta King: Chinese Chicken Curry	Pasta King: Chinese Chicken Curry (100%) (1g) Water (61%), Chicken Diced (14%) (Chicken Breast, Salt), Chinese Curry Paste (14%) (Vegetable Oil (Rapeseed Oil, Antifoam Agent E900), Fortified WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Curry Powder (Coriander, Turmeric, Cumin, Gram Flour, Salt, Fenugreek, Black Pepper, Chilli, Garlic, Fennel Seed, MUSTARD , Star Anise), Salt,	Allergens: Gluten, Mustard, Wheat.

Title	Ingredients	Allergens (Single Column)
	Water, Coconut, Onion Powder, Liquorice, Flavormate), Mushrooms Sliced (6%), Diced Onions (3%), Raisins (2%), Modified Maize Starch.	
Pasta King: Chinese Veg Curry	Pasta King: Chinese Veg Curry (100%) (1g) Water (61%), Chinese Curry Paste (14%) (Vegetable Oil (Rapeseed Oil, Antifoam Agent E900), Fortified WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Curry Powder (Coriander, Turmeric, Cumin, Gram Flour, Salt, Fenugreek, Black Pepper, Chilli, Garlic, Fennel Seed, MUSTARD , Star Anise), Salt, Water, Coconut, Onion Powder, Liquorice, Flavormate), Sliced Mixed Peppers (12%), Peas (4%), Sweetcorn (4%), Diced Onions (3%), Modified Maize Starch, Garlic Puree (Rehydrated Garlic, Preservative (Citric Acid)).	Allergens: Cereals, Gluten, Mustard. May Contain: Celery, Soya.
Pasta King: Creamy Chicken Korma	Pasta King: Creamy Chicken Korma (100%) (1g) Reconstituted Béchamel Powder (75%) (Water, Béchamel Powder (Cream Powder (MILK)), MILK Powder, Modified Waxy Maize Starch, Skimmed MILK Powder, Salt, WHEAT Flour (Calcium Carbonate, Iron, Niacin, Thiamin), Yeast Extract, Onion Powder, Spice (White Pepper), Onion Extract), Chicken Diced (14%) (Chicken Breast, Salt), Korma Paste (10%) (Water, Tomato Puree, Spices (Turmeric, MUSTARD , Coriander, Cumin, Ginger), Sunflower Oil, Desiccated Coconut, sugar, Onion Puree, Salt, Spirit Vinegar, Coconut, Garlic Puree, Herb (Coriander), Turmeric Extract, Paprika Extract E160C, Spice Extract (Cayenne)), Diced Onions.	Allergens: Cereals, Gluten, Milk, Mustard.
Pasta King: Halal Firecracker Chicken	Pasta King: Halal Firecracker Chicken (100%) (1g) Tomato Coulis (84%) (Tomato, Tomato Paste, Water, Onion, Carrot, Sugar, Sunflower Oil, Salt Preservative (Potassium Sorbate), Black Ground Pepper, Basil), Chicken Diced (14%)(Chicken Breast, Salt), Chilli Sauce (Water, Sugar, Spirit Vinegar, Tomato Paste, Salt, Crushed Chillies, Modified Maize Starch, Cayene Pepper, Preservative (Potassium Sorbate), Paprika, Cumin, Oregano, Garlic Powder).	
Pasta King: Hungarian Goulash	Pasta King: Hungarian Goulash (100%) (1g) Tomato Coulis (56%) (Tomato, Tomato Paste, Water, Onion, Carrot, Sugar, Sunflower Oil, Salt, Preservative (Potassium Sorbate), Black Ground Pepper, Basil), British Beef Mince (14%), Diced Red and Green Pepper (11%), Whipping Cream (11%) (Cream (MILK), Stabiliser (Carregeenan)), Gravy Mix (6%) (Fortified WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Maize Starch, Salt, Sugar, Dextrose, Colour (Amonia Caramel), Favouring, Onion Powder, Rapeseed Oil, Yeast Extract (From BARLEY), White Pepper), Paprika , Garlic Puree (Rehydrated Garlic, Preservative (Citric Acid)), Black Pepper.	Allergens: Barley, Gluten, Milk.
Pasta King: Italian Meatballs	Pasta King: Italian Meatballs (100%) (1g) Tomato Coulis (85%) (Tomato, Tomato Paste, Water, Onion, Carrot, Sugar, Sunflower Oil, Salt Preservative (Potassium Sorbate), Black Ground Pepper, Basil), British Meatballs Pork (14%) (Pork, Onion, Rusk (WHEAT Flour (Contains Calcium Carbonate, Iron, Niacin, Thiamin), Salt), Garlic Puree, Tomato Puree, Fennel, Salt, Dextrose, Chilli Powder), Paprika.	Allergens: Gluten.
Pasta King: Med Pizza Sauce	Pasta King: Med Pizza Sauce (100%) (1g) Tomato, Tomato Paste, Water, Onion, Carrot, Sugar, Sunflower Oil, Salt Preservative (Potassium Sorbate), Black Ground Pepper, Basil, Oregano.	
Pasta King: Moroccan Veg Tagine	Pasta King: Moroccan Veg Tagine (100%) (1g) Tomato Coulis (85%) (Tomato, Tomato Paste, Water, Onion, Carrot, Sugar, Sunflower Oil, Salt, Preservative (Potassium Sorbate), Black Ground Pepper, Basil), Chick Peas (4%), Diced Onions (4%), Diced Carrots (4%), Chopped Apricots (2%) (Apricots, Rice Flour, Preservatives (SULPHUR DIOXIDE (Sulphites))), Chilli Sauce (Water, Sugar, Spirit Vinegar, Tomato Paste, Salt, Crushed Chillies, Modified Maize Starch, Cayene Pepper, Preservative: Potassium Sorbate, Paprika, Cumin, Oregano, Garlic Powder), Season All (Salt, Paprika, Chilli Pepper, Diced Onion, Black Pepper, Anti-caking Agent (Calcium Stearate), Garlic Powder, Ground CELERY Seed, Ground Nut meg, Ground Coriander, Colour (Paprika Extract), Cayenne Pepper), Cumin Ground.	Allergens: Celery, Sulphites.

Title	Ingredients	Allergens (Single Column)
Pasta King: Piri Piri Chicken	Pasta King: Piri Piri Chicken (100%) (1g) Tomato Coulis (84%) (Tomato, Tomato Paste, Water, Onion, Carrot, Sugar, Sunflower Oil, Salt Preservative (Potassium Sorbate), Black Ground Pepper, Basil), Chicken Diced (14%) (Chicken Breast, Salt), Piri Piri Hot Sauce (Water, Salt, Bird's Eye Chillies, Cayenne Pepper, Acidity Regulator (Acetic Acid), Modified Maize Starch, Minced Onion, Crushed Chilli, Concentrated Lemon Comminute (Contains SULPHITES), Dried Onion, Vegetable Oil, Preservative (Potassium Sorbate), Stabiliser (Xanthan Gum), Colour (Paprika Extract), Dried Garlic, Dried Marjoram)	Allergens: Sulphur Dioxide.
Pasta King: PK Pocket BBQ Kit	Pasta King: PK Pocket BBQ Kit (100%) (1g) WHEAT Flour (with WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Water, Durum WHEAT Semolina, Rapeseed Oil, Extra Virgin Olive Oil, Yeast, Malted BARLEY Flour, Salt, Emulsifier (E471), Flour Treatment Agent (Ascorbic Acid).	Allergens: Cereals, Gluten. May Contain: Eggs, Milk.
Pasta King: PK Pocket BBQ Pork Kit	Pasta King: PK Pocket BBQ Pork Kit (100%) (1g) Tomato & Basil Sauce (74%) (Tomato, Tomato Paste, Onion, Sunflower Oil, Carrot, Basil, Sugar, Salt, Modified Corn Starch, Preservative (Potassium Sorbate), Black Ground Pepper), Pulled Pork Shoulder (9%), Diced Red and Green Pepper (9%), Diced Onions (6%), BBQ Sauce (3%) (Sugar, Water, Tomato Paste, Spirit Vinegar, Molasses (Contains Cane Molasses, Partially Inverted Sugar Syrup), Modified Maize Starch, Salt, Malt Extract (BARLEY), Smoke Flavouring, Garlic Powder, Spice (Black Pepper)).	Allergens: Barley, Gluten.
Pasta King: PK Pocket Margherita	Pasta King: PK Pocket Margherita Kit (100%) (1g) Tomato Coulis (89%) (Tomato, Tomato Paste, Water, Onion, Carrot, Sugar, Sunflower Oil, Salt Preservative (Potassium Sorbate), Black Ground Pepper, Basil).	
Pasta King: PK Pocket Med Kit	Pasta King: PK Pocket Med Kit (100%) (1g) Tomato Coulis (89%) (Tomato, Tomato Paste, Water, Onion, Carrot, Sugar, Sunflower Oil, Salt Preservative (Potassium Sorbate), Black Ground Pepper, Basil), Oregano.	
Pasta King: Pomodoro	Pasta King: Pomodoro (100%) (1g) Tomato, Tomato Paste, Water, Onion, Carrot, Sugar, Sunflower Oil, Salt Preservative (Potassium Sorbate), Black Ground Pepper, Basil.	
Pasta King: Scandinavian Meatballs	Pasta King: Scandinavian Meatballs (100%) (1g) Reconstituted Gravy Mix (65%) (Water, Fortified WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Maize Starch, Salt, Sugar, Dextrose, Colour (Amonia Caramel), Favouring, Onion Powder, Rapeseed Oil, Yeast Extract (From BARLEY), White Pepper), British Meatballs Pork (19%) (Pork, Onion, Rusk (WHEAT Flour (Contains Calcium Carbonate, Iron, Niacin, Thiamin))), Salt, Garlic Puree, Tomato Puree, Fennel, Salt, Dextrose, Chilli Powder), Whipping Cream (14%) (Cream (MILK), Stabiliser (Carregeenan)), Modified Maize Starch (2%).	Allergens: Barley, Gluten, Milk, Wheat.
Pasta King: SK Chicken Balti	Pasta King: SK Chicken Balti (100%) (1g) Balti Sauce (63%) (Onion, Water, Rapeseed Oil, Tomato Paste, Garlic Puree, Sugar, Ginger Puree, Ground Cumin, Sea Salt, Ground Coriander Seed, Ground Turmeric, Potato Starch, Lemon Juice Concentrate, Tamarind Juice Concentrate, Chilli Powder, Lactic Acid, Parsley), Chicken Diced (20%) (Chicken Breast, Salt), Diced Onions (17%).	
Pasta King: SK Chicken Rogan Josh	Pasta King: SK Chicken Rogan Josh (100%) (1g) Rogan Josh Sauce (63%) (Water, Onion, Tomato Juice, Tomato Paste, Sunflower Oil, Ginger Puree, Garlic Puree, Sugar, Coriander Leaf, Ground Coriander, Sea Salt, Ground Cumin, Potato Starch, Lemon Juice, Tamarind Juice, Onion Powder, Ginger, Turmeric, Chilli Powder, Black Pepper, Cardamom, Star Anise), Chicken (20%) (Chicken Breast, Salt), Diced Onions (17%).	

Title	Ingredients	Allergens (Single Column)
Pasta King: SK Chicken Tikka Masala	Pasta King: SK Chicken Tikka Masala (100%) (1g) Tikka Sauce (63%) (Water, Onion, Tomato Juice, Tomato Paste, Yoghurt (Milk) (MILK), Rapeseed Oil, Sugar, Ground Cumin, Ginger Puree, Salt, Skimmed Milk Powder (MILK), Garlic Puree, Coriander Leaf, Paprika, Ground Coriander, Turmeric, Lactic Acid, Cardamom, Chilli Powder, MUSTARD Powder, Ground Fennel Seed, Ground Fenugreek, Colour (Beta-Carotene)), Chicken (20%) (Chicken Breast, Salt), Diced Onions (17%).	Allergens: Milk, Mustard.
Pasta King: SK Makhani Chicken	Pasta King: SK Makhani Chicken (100%) (1g) Makhani Curry Sauce (63%) (Water, Onion, Tomato Paste, Yoghurt (Milk) (MILK), Tomato Juice, Sugar, Rapeseed Oil, Butter (Milk) Unsalted (MILK), Evapourated MILK , Ginger Puree, Salt, Garlic Puree, Onion Powder, Coriander Leaf, Paprika Powder, Ground Coriander, Turmeric, Lactic Acid, Cardamom, Cumin, Chilli Powder, MUSTARD Powder), Chicken (20%) (Chicken, Salt), Diced Onions (17.1%)	Allergens: Milk, Mustard.
Pasta King: SK Quorn Balti	Pasta King: SK Quorn Balti (100%) (1g) Balti Sauce (57%) (Onion, Water, Rapeseed Oil, Tomato Paste, Garlic Puree, Sugar, Ginger Puree, Ground Cumin, Sea Salt, Ground Coriander Seed, Ground Turmeric, Potato Starch, Lemon Juice Concentrate, Tamarind Juice Concentrate, Chilli Powder, Lactic Acid, Parsley), Quorn Pieces (26%) (Mycoprotein, Free Range EGG White (Egg), Natural Flavouring, Firming Agents (Calcium Chloride, Calcium Acetate)), Diced Onions (17%).	Allergens: Eggs.
Pasta King: SK Veg Rogan Josh	Pasta King: SK Vegetable Rogan Josh (100%) (1g) Rogan Josh Sauce (60%) (Water, Onion, Tomato Juice, Tomato Paste, Sunflower Oil, Ginger Puree, Garlic Puree, Sugar, Coriander Leaf, Ground Coriander, Sea Salt, Ground Cumin, Potato Starch, Lemon Juice, Tamarind Juice, Onion Powder, Ginger, Turmeric, Chilli Powder, Black Pepper, Cardamom, Star Anise), Spinach (21%), Chick Peas (19%).	
Pasta King: Spicy Sausage	Pasta King: Spicy Sausage (100%) (1g) Tomato Coulis (86%) (Tomato, Tomato Paste, Water, Onion, Carrot, Sugar, Sunflower Oil, Salt Preservative (Potassium Sorbate), Black Ground Pepper, Basil), Sausage (13%) (Pork, Water, Rusk (WHEAT Flour (Contains Calcium Carbonate, Iron, Niacin, Thiamin), Salt), Seasoning (Salt, WHEAT Flour (Contains Calcium Carbonate, Iron, Niacin, Thiamin), Dextrose, Spice Extracts (Pepper, Nut meg, Coriander, Ginger, Cinnamon, Clove, Cayenne), Antioxidant E300). Filled in to Beef Collagen Casing, Chilli Sauce (Water, Sugar, Spirit Vinegar, Tomato Paste, Salt, Crushed Chillies, Modified Maize Starch, Cayenne Pepper, Preservative: Potassium Sorbate, Paprika, Cumin, Oregano, Garlic Powder).	Allergens: Gluten, Wheat.
Pasta King: Sweet Chilli Chicken	Pasta King: Sweet Chilli Chicken (100%) (1g) Tomato Coulis (72%) (Tomato, Tomato Paste, Water, Onion, Carrot, Sugar, Sunflower Oil, Salt Preservative (Potassium Sorbate), Black Ground Pepper, Basil), Chicken Diced (14%)(Chicken Breast, Salt), Pineapple (12%) (Pineapple, Pineapple Juice, Concentrated Pineapple Juice, Acidity Regulator (Citric Acid)), Chilli Sauce (Water, Sugar, Spirit Vinegar, Tomato Paste, Salt, Crushed Chillies, Modified Maize Starch, Cayenne Pepper, Preservative: Potassium Sorbate, Paprika, Cumin, Oregano, Garlic Powder).	
Pasta King: Texan Meatballs	Pasta King: Texan BBQ Meatballs (100%) (1g) Tomato Coulis (74%) (Tomato, Tomato Paste, Water, Onion, Carrot, Sugar, Sunflower Oil, Salt Preservative (Potassium Sorbate), Black Ground Pepper, Basil), British Meatballs Pork (14%) (Pork, Onion, Rusk (WHEAT Flour (Contains Calcium Carbonate, Iron, Niacin, Thiamin), Salt), Garlic Puree, Tomato Puree, Fennel, Salt, Dextrose, Chilli Powder), BBQ Sauce (6%) (Sugar, Water, Tomato Paste, Spirit Vinegar, Molasses (Contains Cane Molasses, Partially Inverted Sugar Syrup), Modified Maize Starch, Salt, Malt Extract (BARLEY), Smoke Flavouring, Garlic Powder, Spice (Black Pepper)), Sweetcorn (6%).	Allergens: Barley, Gluten, Wheat.

Title	Ingredients	Allergens (Single Column)
Pasta King: Tomato and Mascarpone	Pasta King: Tomato and Mascarpone (100%) (1g) Tomato & Basil Sauce (97%) (Tomato, Tomato Paste, Onion, Sunflower Oil, Carrot, Basil, Sugar, Salt, Modified Corn Starch, Preservative (Potassium Sorbate), Black Ground Pepper), Mascarpone (3%) (Pasteurised CREAM , Pasteurised MILK , Acidity Regulator: Citric Acid).	Allergens: Milk.
Pasta King: Tortilla Chips	Pasta King: Tortilla Chips (100%) (1g) Corn flour (79%), sunflower oil, salt.	
Pasta King: Twists	Pasta King Twists (100%) (1g) Durum WHEAT Semolina	Allergens: Cereals, Wheat.
Pasta King: Veg Bolognese	Pasta King: Veg Bolognese (100%) (1g) Tomato Coulis (87%) (Tomato, Tomato Paste, Water, Onion, Carrot, Sugar, Sunflower Oil, Salt Preservative (Potassium Sorbate), Black Ground Pepper, Basil), Plant-Based Mince (8%)(Water, WHEAT Gluten , SOYA Protein, Coconut Oil, WHEAT Fibre, Rapeseed Oil, Salt, Natural Flavourings, Dried Yeast, BARLEY Malt Extract, Spices, Sugar, Thickener Methyl Cellulose, Preservative Potassium Sorbate, Yeast Extract, Onion Powder, Garlic Powder), Diced Red and Green Pepper (5%), Italian Seasoning (Oregano, Basil, Thyme, Rosemary, Black Pepper, Garlic Granules).	Allergens: Barley, Gluten, Soya, Wheat.
Pasta King: Veg Chilli	Pasta King: Veg Chilli (100%) (1g) Tomato Coulis (77%) (Tomato, Tomato Paste, Water, Onion, Carrot, Sugar, Sunflower Oil, Salt Preservative (Potassium Sorbate), Black Ground Pepper, Basil), Red Kidney Beans (14%), Plant-Based Mince (8%) (Water, WHEAT Gluten , SOYA Protein, Coconut Oil, WHEAT Fibre, Rapeseed Oil, Salt, Natural Flavourings, Dried Yeast, BARLEY Malt Extract, Spices, Sugar, Thickener Methyl Cellulose, Preservative Potassium Sorbate, Yeast Extract, Onion Powder, Garlic Powder), Chilli Powder (Cayenne Pepper, Paprika, Cumin, Oregano, Garlic).	Allergens: Barley, Gluten, Milk, Wheat.
Pasta King: Veg Tikka	Pasta King: Veg Tikka (100%) (1g) Tomato Coulis (82%) (Tomato, Tomato Paste, Water, Onion, Carrot, Sugar, Sunflower Oil, Salt, Preservative (Potassium Sorbate), Black Ground Pepper, Basil), Chick Peas (11%), Spinach (6%), Tikka Marinade (1%) (Paprika, Salt, Dried Garlic Powder, Roasted Coriander Powder, Turmeric, Dried Mint, Dried Ginger Powder, Roasted Cumin Powder, Cardamom Powder, Dried Lemon Juice Powder, Chilli Powder, Ajwain Seeds, Fenugreek Leaves, Mace, Nutmeg, Dried Coriander Leaves, Black Pepper Powder, Fenugreek Powder, Cinnamon Powder, Clove Powder, Cumin Powder, Bay Leaf Powder).	
Pasta King: Zingy Peppers	Pasta King: Zingy Peppers (100%) (1g) Tomato Coulis (80%) (Tomato, Tomato Paste, Water, Onion, Carrot, Sugar, Sunflower Oil, Salt Preservative (Potassium Sorbate), Black Ground Pepper, Basil), Sliced Mixed Peppers (17%), Chilli Sauce (2%) (Water, Sugar, Spirit Vinegar, Tomato Paste, Salt, Crushed Chillies, Modified Maize Starch, Cayene Pepper, Preservative (Potassium Sorbate), Paprika, Cumin, Oregano, Garlic Powder), Lime Juice (Lime Juice, Preservative (Potassium Metabisulphite (SULPHITES))).	Allergens: Sulphur Dioxide.

High School Drinks Report

Date: 26/03/2026

Title	Ingredients	Allergens (Single Column)
Radnor Splash Sparkling Apple and Raspberry	Radnor Splash 330ml Sparkling Apple and Raspberry (100%) (330g) Carbonated Spring Water, Acid: Citric Acid. Flavourings, Sweeteners: Sucralose, Acesulfame K. Preservative: E211.	
Radnor Splash Sparkling Orange and Passionfruit	Radnor Splash 330ml Sparkling Orange and Passion Fruit (100%) (330g) Carbonated Spring Water, Acid: Citric Acid. Flavourings, Sweeteners: Sucralose, Acesulfame K. Preservative: E211.	
Radnor Splash Sparkling Watermelon	Radnor Splash 330ml Sparkling Watermelon (100%) (330g) Carbonated Spring Water, Acid: Citric Acid. Flavouring, Sweeteners: Sucralose, Acesulfame K. Preservative: E211.	
Radnor Splash Still Apple and Raspberry	Radnor Splash 500ml Still Apple and Raspberry (100%) (500g) Spring Water, Acid: Citric Acid. Flavourings, Sweeteners: Sucralose, Acesulfame K. Preservative: E211.	
Radnor Splash Still Apple and Raspberry	Radnor Splash Orange and Passionfruit (still) (100%) (250g) Spring Water, Acid; Citric Acid. Flavourings, Sweeteners; Sucralose, Acesulfame K.	
Radnor Splash Still Lemon & Lime	Radnor Splash Still Lemon & Lime Flavoured Spring Water 500ml (100%) (500g) Spring Water, Acid; Citric Acid. Flavourings, Sweeteners; Sucralose. Acesulfame K. Preservative; E211.	
Radnor Splash Still Orange and Passion Fruit	Radnor Splash 500ml Orange and Passion Fruit (100%) (500g) Spring Water, Citric Acid, Flavourings, Sweeteners; Sucralose, Acesulfame K, Preservative: E211.	
Radnor Splash Still Orange and Passion Fruit	Radnor Splash Apple & Raspberry Still (100%) (250g) Spring Water, Acid; Citric Acid. Flavourings, Sweeteners; Sucralose, Acesulfame K.	
Radnor Splash Still Strawberry & Kiwi Sports Cap	Radnor Splash Still Strawberry (100%) (500g) Spring Water, Acid: Citric Acid. Flavourings, Sweeteners: Sucralose, Acesulfame K. Preservative: E211.	
Radnor Splash Still Watermelon	Radnor Splash 500ml Still Watermelon (100%) (500g) Spring Water, Acid: Citric Acid. Flavourings, Sweeteners: Sucralose, Acesulfame K. Preservative: E211.	
Radnor Splash Still Watermelon	Radnor Splash Watermelon (Still) (100%) (250g) Spring Water, Acid; Citric Acid. Flavouring, Sweeteners; Sucralose, Acesulfame K.	
Chokoslim Drinking Chocolate	Chokoslim Drinking Chocolate (100%) (15g) Very low-fat Cocoa solid (35%), Whey (Milk) (MILK) powder, Skimmed MILK powder, Anti-Caking agent: e341(iii), Thickener: Xanthan Gum E415, *Sweetener: Aspartame, Salt. Contains naturally occurring Sugar (Lactose (Milk)) found in MILK . * Aspartame contains a source of Phenylalanine.	Allergens: Dairy, Milk.

Title	Ingredients	Allergens (Single Column)
Radnor Splash Sparkling Lemon and Lime	Radnor Splash Sparkling Lemon & Lime (100%) (330g) Carbonated spring water, Acid: Citric acid. Flavouring, Sweeteners: Sucralose, Acesulfame K. Preservative: E211.	
Radnor Splash Sparkling Strawberry	Radnor Splash Sparkling Strawberry (100%) (330g) Carbonated spring water, Acid: Citric acid. Flavourings, Sweeteners: Sucralose, Acesulfame K. Preservative: E211.	
Radnor Splash Still Forest Fruits	Radnor Splash Still Forest Fruits (100%) (500g) Spring water, Acid: Citric Acid. Flavourings, Sweeteners: Sucralose, Acesulfame K. Preservative: E211.	
Rubicon Cherry and Raspberry	Rubicon Spring Sparkling Black Cherry Raspberry (12x500ml) (100%) (500g) Carbonated Spring Water (97%), Fruit Juices from Concentrate (Raspberry 1.5%, Black Cherry 1%), Acid (Citric Acid), Natural Flavourings, Black Carrot Concentrate, Preservative (Potassium Sorbate), Sweetener (Sucralose), Acidity Regulator (Trisodium Citrate), Green Tea Extract, Vitamins (Niacin, B6, B12).	
Rubicon Lemon and Lime	Rubicon Spring Sparkling Lemon Lime (12x500ml) (100%) (500g) Carbonated Spring Water (96%), Fruit Juices from Concentrate (Lemon 1.5%, Lime 1.5%), Acid (Citric Acid), Safflower Concentrate, Lemon and Lime Flavourings, Preservative (Potassium Sorbate), Natural Flavourings, Sweetener (Sucralose), Acidity Regulator (Trisodium Citrate), Green Tea Extract, Vitamins (Niacin, B6, B12).	
Rubicon Orange and Mango	Rubicon Spring Sparkling Orange Mango (12x500ml) (100%) (500g) Carbonated Spring Water (96%), Fruit Juices from Concentrate (Orange 2.5%, Mango 0.5%), Acid (Citric Acid), Natural Flavourings, Emulsifiers (Gum Arabic, Glycerol Esters of Wood Rosin), Preservative (Potassium Sorbate), Sweetener (Sucralose), Acidity Regulator (Trisodium Citrate), Green Tea Extract, Concentrates (Black Carrot, Safflower), Vitamins (Niacin, B6, B12), Colour (Beta Carotene).	
Rubicon Strawberry and Kiwi	Rubicon Spring Sparkling Strawberry Kiwi £1 PMP (12x500ml) (100%) (500g) Carbonated Spring Water (96%), Fruit Juices from Concentrate (Strawberry 2%, Kiwi 1%), Acid (Citric Acid), Natural Flavourings, Emulsifiers (Gum Arabic, Sucrose Acetate Isobutyrate), Concentrates (Black Carrot, Safflower), Preservative (Potassium Sorbate), Sweetener (Sucralose), Acidity Regulator (Trisodium Citrate), Colour (Anthocyanin), Green Tea Extract, Vitamins (Niacin, B6, B12).	
Still Spring Water (330ml)	Radnor Hills Still Mineral Water Plain Cap (100%) (1g) Spring Water	
Still Spring Water (500ml)	Radnor Hills Still Natural Mineral Water 500ml Plain Cap (100%) (500g) Spring Water	
Strathmore Sparkling Lemon and Lime	Strathmore Twist Sparkling Lemon & Lime Water (12x500ml) (100%) (1500g) Carbonated Spring Water, Acid (Citric Acid), Natural Lemon and Lime Flavourings with other Natural Flavourings, Sweeteners (Sucralose, Acesulfame K), Preservative (Sodium Benzoate).	
Strathmore Sparkling Strawberry and Blackberry	Strathmore Twist Sparkling Strawberry & Blackberry Water (12x500ml) (100%) (500g) Carbonated Spring Water, Acid (Citric Acid), Natural Strawberry and Blackberry Flavourings, Sweeteners (Sucralose, Acesulfame K), Preservative (Sodium Benzoate).	
Strathmore Still Lemon and Lime	Strathmore Twist Still Lemon & Lime Water (12x500ml) (100%) (500g) Spring Water, Acid (Citric Acid), Natural Lemon and Lime Flavourings with other Natural Flavourings, Sweeteners (Sucralose, Acesulfame K), Preservative (Sodium Benzoate).	

Title	Ingredients	Allergens (Single Column)
Strathmore Still Raspberry and Apple	Strathmore Twist Still Raspberry & Apple Water (12x500ml) (100%) (500g) Spring Water, Acid (Citric Acid), Natural Raspberry and Apple Flavourings with other Natural Flavourings, Preservative (Sodium Benzoate), Sweeteners (Sucralose, Acesulfame K).	
Strathmore Still Strawberry and Blackberry	Strathmore Twist Still Strawberry & Blackberry Water (12x500ml) (100%) (500g) Spring Water, Acid (Citric Acid), Natural Strawberry & Blackberry Flavourings, Preservative (Sodium Benzoate), Sweeteners (Sucralose, Acesulfame K).	
Viva Flavoured Banana Milk	Viva Banana Milk Drink - No Added Sugar 200ml (100%) (200g) Low Fat MILK (1.4% fat) (99%), Stabilisers (Guar Gum, Carrageenan), Natural Flavourings, Vitamin D, Sweetener (Steviol Glycosides)	Allergens: Milk.
Viva Flavoured Chocolate Milk	Viva Chocolate Flavour Semi-Skimmed Milk 200ml - No Added Sugar (100%) (200g) Low Fat MILK (1.4% fat) (98%), Fat Reduced Cocoa Powder (1%), Stabiliser (Guar Gum, Carrageenan), Natural Flavourings, Vitamin D, Sweetener (Steviol Glycosides)	Allergens: Milk.
Viva Flavoured Strawberry Milk	Viva Strawberry Flavour Semi-Skimmed Milk 200ml - No Added Sugar (100%) (200g) Low Fat MILK (1.4% fat) (99%), Stabilisers (Guar Gum, Carrageenan), Natural Flavourings, Vitamin D, Sweetener (Steviol Glycosides).	Allergens: Milk.