



Scottish Borders
Health and Social Care
PARTNERSHIP



Health and Social Care Strategic Framework 2023 - 2026



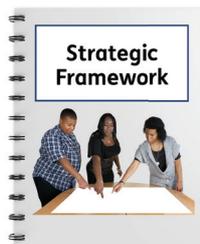
Our 3 year plan for supporting
people's health and wellbeing



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About us



We are the Scottish Borders Health and Social Care Partnership.
Partnership means working together.



In our Partnership we have NHS Borders and Scottish Borders Council working together.



NHS Borders run health care in the Scottish Borders.

Health care is the care you get in places like:

- GPs, dentists and pharmacies
- Mental health services
- Community Learning Disability Nursing
- Hospitals



Scottish Borders Council run social care services in our area.



Social care is care and support people might need at home, in their local community or in a care home.

This could be things like:



- Social workers

- Care homes



- Care in your own home



- Day services

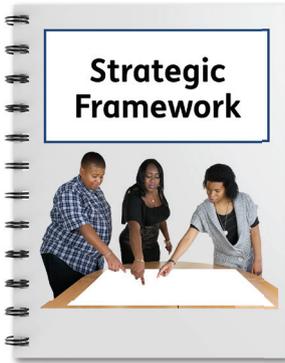


The job of the Partnership is to make sure health and social care gives people services they need and want.



The Partnership wants everyone in the Scottish Borders to be able to live their lives to the full.

About our Framework



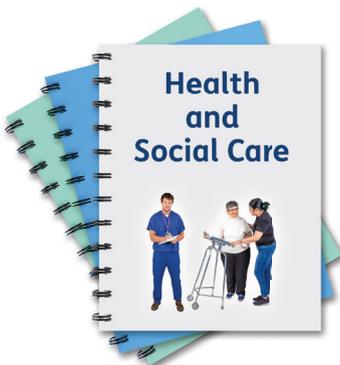
Our **Framework** is a type of plan. It tells you what we want to happen but not how we will do it.



Organisations and services can use the Framework to see what things they need to work on.



Then they can write their own plans about what they will do to make it happen.



Organisations and services can use the Framework to write their own plans about health and social care services.

Why we need a Framework

We asked local people what they think about health and social care services.



People said these things are working well:



- Local people are helping us to plan services



- People can get help in an emergency



- Community groups can get the **volunteers** they need.

Volunteers help people in their community, without being paid



- People in our communities help their friends, family and neighbours

People also told us about problems and things that do not work very well:



- It can be hard to get an appointment with the GP



- It is hard to find staff. People like doctors, nurses, social workers and carers



- **Dementia** is an illness in your brain. It can make you forget things and feel confused.



People with **dementia** need more support.



- Unpaid carers need more support



- There are not enough NHS dentists



- Health and care organisations need to work better together



- Getting to appointments can be hard if you don't have a car



- People need better information about:

- health and care services in their local area
- waiting times



This helped us to decide what are the most important things we need to work on.

The 6 most important things to work on



1. Make it easier to get help

People are waiting too long to get the support they need.



We want to make waiting times shorter, so people get help when they need it most.



2. Stop problems before they happen

We want to get better at helping people before a serious problem happens.



3. Find and keep good staff

There are not enough people working in our health and care organisations.

We need to find, train and keep good staff.

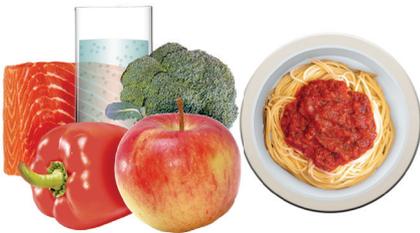
4. Have less poverty and inequality



Poverty means when lots of people do not have enough money for things like:



● Housing



● Food



● Travel



Inequality means when things are not fair for some people.

For example, some people can use health and care services more easily than others.



We want everyone to have enough money to live on.



And we want everyone to get good quality health and care services.



5. Support unpaid carers

Unpaid carers told us they need more support.



Carers need more time away from caring. This could be for a few hours or a few days.



We want to make sure unpaid carers have good support. This will help them stay well and healthy.



6. Doing things differently

More people are needing care and support. There is less money available to help them.



This is why we must do things differently.

Making things happen



We have other plans in the Partnership. These plans go together with our Framework.



Money

The cost of running health and care services is going up.



There isn't enough money to run services in the same way that we have done before.



Our **Financial Framework** is about how we will spend the money we get.

Staff

10 thousand people in the Scottish Borders work in health and care organisations.

For example: doctors, nurses, dentists, social workers and carers.



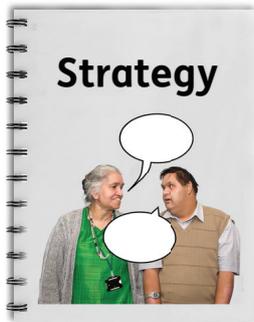
Our **Workforce Plan** is about how we will find, train and keep the staff we need.

Communication and engagement

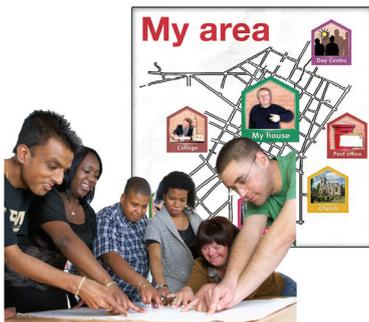
We need to make sure we:

- Listen to local people
- Tell people about health and care services
- Give people information about their own care and support





Our **Communications and Engagement Strategy** tells you how we will do this.



Local areas

Local people will help us to plan health and care services for where they live.



There will be **Locality Plans** for:

- Berwickshire
- Cheviot
- Eildon
- Teviot & Liddesdale
- Tweeddale



Housing

A safe, warm, comfortable home is very important for people's health and wellbeing.



4 in 5 people who use mental health services have been homeless.



We are writing a new plan to make sure that everyone can have:

- A home that is right for them



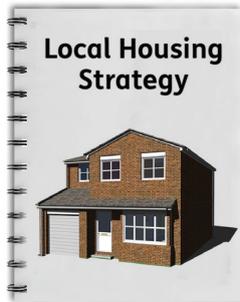
- Support at home when they need it



- **Adaptations and repairs.**
This means things like having handrails or fixing a broken window



- Good information about money, eating well and keeping warm



The new plan is called the **Local Housing Strategy**.

Contact us

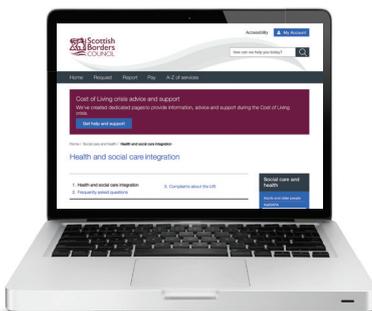
If you want to talk to us about this Framework you can contact us.



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Website:
www.scotborders.gov.uk/info/20014/social_care_and_health/381/health_and_social_care_integration