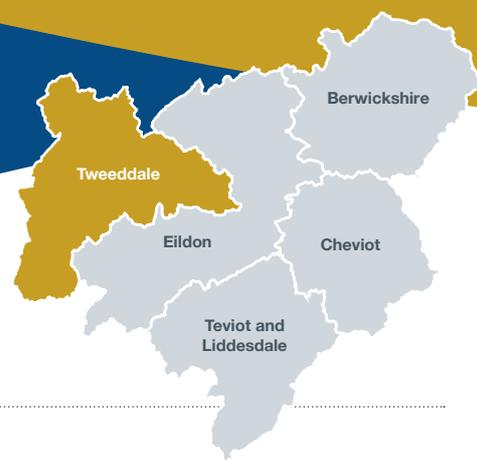


# SUMMARY ACTION PLAN TWEEDDALE



## ACTION PLAN

Devised in line with the strategic plan together with the national outcomes, local objectives and the joint commissioning and implementation plan for the Scottish Borders Partnership 2017-2019.

PRIORITIES FOR TWEEDDALE	ACTION PLAN
Increase the range of care and support options across the locality to enable people to remain in their own homes and communities	<ul style="list-style-type: none"> <li>Establish "What Matters" hubs across Tweeddale</li> <li>New Community Equipment service opened in October 2017</li> <li>Support care providers to develop services designed for the Tweeddale locality</li> <li>Support the ongoing development of community capacity building initiatives</li> <li>Link with Transforming Care after Treatment (TCAT) joint project team</li> <li>Haylodge Community and Day Hospital Review</li> </ul>
Improve the availability and accessibility of services for people living in rural areas and towns across Tweeddale	<ul style="list-style-type: none"> <li>Redesign Locality based Integrated Health and Social Care Team</li> <li>Work with Transport Providers to improve transport solutions across the locality</li> <li>Establish "What Matters" hubs across Tweeddale</li> </ul>
Increase the availability of locally based rehabilitation services	<ul style="list-style-type: none"> <li>Scope out current gaps in service provision across Tweeddale and look to address these</li> <li>Reshape Allied Health Professional services to support community care</li> <li>Link with the Third sector around their model of rehabilitation</li> <li>Transform Day Services</li> <li>Support Live Borders "Health and Fitness" Programme in Tweeddale</li> <li>Develop Day hospital and Day services options to meet rehabilitation needs</li> <li>Investigate options to provide domiciliary multidisciplinary outreach services</li> </ul>
Increase the range of housing options available across the locality	<ul style="list-style-type: none"> <li>Strategic Housing Investment Plan (SHIP) 2018-2023 provides details on proposed social housing developments for the locality</li> <li>Local Housing Strategy 2017-2022 provides information on 'Extra Care Housing' development plans</li> </ul>
Improving support for unpaid carers in line with the Carers (Scotland) Act 2016	<ul style="list-style-type: none"> <li>An adult carers support plan/young carers statements and a carers eligibility criteria will be in place by April 1st 2018</li> <li>We will have published a short breaks statement with information about national and local short breaks by the end of 2018</li> <li>Have a Carers Strategy in place by April 2019</li> </ul>

Updated based on the Scottish Borders Health and Social Care Partnership Joint Strategic Commissioning and Implementation Plan 2017-2019.

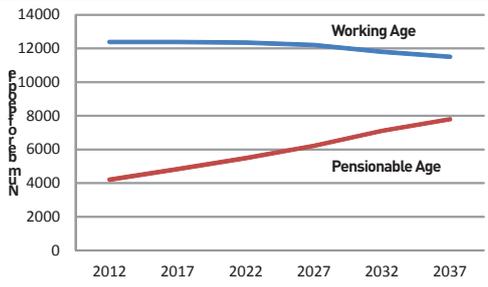
This is a summary plan for Tweeddale.

To view the full Health and Social Care plan for Tweeddale please visit:

[www.scotborders.gov.uk/HSCPLocalityPlans](http://www.scotborders.gov.uk/HSCPLocalityPlans)

# THE TWEEDDALE AREA - AREA PROFILE

## PROJECTED POPULATION 2012-2037 FOR TWEEDDALE



**85.1%** increase in pensionable age

**28.1%** decrease in working age

## POPULATION

**20,175** population\*  
(17.8% of the Scottish Borders)

**18.8%** aged 0-15  
(Scottish Borders = 16.7%)

**61.6%** aged 16-64  
(Scottish Borders = 60.2%)

**19.6%** aged 65+  
(Scottish Borders = 23.1%)

**16.4%** of registered\*\* unpaid carers are based in Tweeddale\*\* Borders Carers Centre

\*(est 2014)



## AREA

**28.4%** live in an area of less than 500 people  
(Scottish Borders = 27.4%)

**47%** live in rural areas  
15% Remote rural  
32% Accessible rural

Settlements with more than 500 people:

TOWN	POPULATION
Peebles	8,583
Innerleithen	3,064
West Linton	1,561
Cardrona	919
Walkerburn	711

## HEALTH OF THE LOCALITY

### LIFE EXPECTANCY RANGE

**77.6** to **81.2** yrs men  
(Scottish Borders = 78.1)

**80.9** to **84.5** yrs women  
(Scottish Borders = 82)

Higher rate of **of coronary heart disease**  
(Compared to Scottish Borders and Scotland)

Lower rate of **early deaths of coronary heart disease or cancer**

Rate of **alcohol related hospitalisations** (518.4 per 100,000) has risen in last 12 years, increasing from lowest to 3rd highest in the Scottish Borders (566.0)

### A&E ATTENDANCE

**54.0%** non-emergencies could be cared for within **Locality**  
(last year 51.1%)

**46.0%** emergencies require hospital care  
(last year 48.9%)

Lower rate of **emergency hospitalisations**  
(compared to Scottish Borders)

Lowest rate **3.96** of **Over 75 Falls** per 1,000  
(Scottish Borders = 5.62)

### LONG TERM CONDITIONS

**898** on **Diabetes Register**  
**5.5%** of **GP Register over 15 yrs**

**148** on **Dementia Register**  
**3.54%** of **GP Register over 65 yrs**

**5410** per 100,000 **Multiple emergency hospitalisations Patients 65+**  
(Tweeddale has a higher rate)  
(Scottish Borders = 5122.5  
Scotland = 5159.5)



## NEIGHBOURHOOD AND COMMUNITY INFLUENCES ON HEALTH

**13.8%** report **Accessibility to public transport** as an issue  
(Scottish Borders = 16.6%)

**3.5%** feel **lonely or isolated**  
(Scottish Borders = 6.1%)

**12** **culture and sport facilities** operated by the public sector  
(Scottish Borders = 69)

Tweeddale is the **least deprived locality** with none of its **population living in the most deprived deciles** and **over 75% living in least deprived.**



Lower percentage of **pension credit claimants** (4.9%) than **Scottish Borders** (5.8%) and **Scotland** (7.7%)

Among lowest **suicide rates** **12.9 per 100,000**  
(Scottish Borders=15.7; Scotland =14.7)

## SAFETY

Lowest rate **0.42** of **fires in homes** per 1,000  
(Scottish Borders = 0.74)

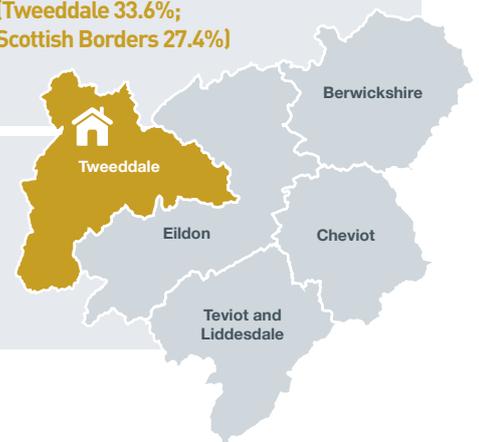
**11.5%** say there are **areas** where **they feel unsafe**  
(Scottish Borders = 12.5%)

Highest number of **residents involved in voluntary work**  
(Tweeddale 33.6%;  
Scottish Borders 27.4%)

## PROPOSED HOUSING DEVELOPMENTS

	2018-2019	2019-2020	2020-2021	2021-2022	>2022-2023
Extra Care	NPD*	NPD*	NPD*	NPD*	30
General Affordable	75	6	60	20	
Particular		2			

\* NPD - No planned development



## NOTES

You can get this document on audio CD, in large print, easy read, and various other formats by contacting us at the address below. In addition, contact the address below for information on language translations, additional copies, or to arrange for an officer to meet with you to explain any areas of the publication that you would like clarified.

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