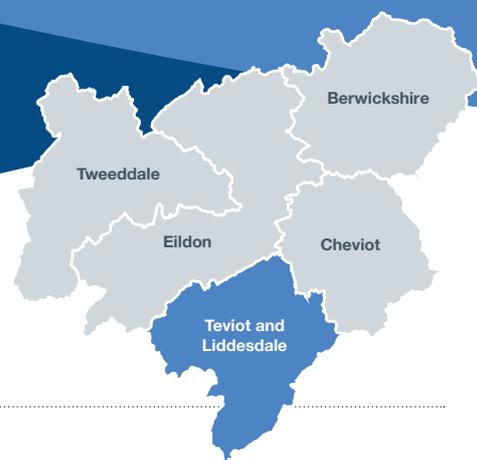


SUMMARY ACTION PLAN TEVIOT & LIDDESDALE



ACTION PLAN

Devised in line with the strategic plan together with the national outcomes, local objectives and the joint commissioning and implementation plan for the Scottish Borders Partnership 2017-2019.

PRIORITIES FOR TEVIOT	ACTION PLAN
Increase the range of care and support options across the locality to enable people to remain in their own homes and communities	<ul style="list-style-type: none"> • Establish “What Matters” hubs across Teviot • New Community Equipment service opened in October 2017 • Support care providers to develop services designed for the Teviot locality • Support further development of “healthy living networks” across the locality • Support the development of community capacity building initiatives • Support rollout of paramedic practitioner project at other practices in locality • Hawick Community and Day Hospital Review
Improve the availability and accessibility of services for people living in rural areas and towns across Teviot	<ul style="list-style-type: none"> • Redesign Locality based Integrated Health and Social Care Teams • Work with Transport Providers to improve transport solutions across the locality • Establish “What Matters” hub within Burnfoot, Hawick • Establish further “What Matters” hubs across the Teviot locality
Increase the availability of locally based rehabilitation services	<ul style="list-style-type: none"> • Scope out current gaps in service provision across Teviot and look to address these • Reshape Allied Health Professional services to support community care • Link with the Third sector around their model of rehabilitation • Transform Day Services • Support Live Borders “Health and Fitness” Programme in Teviot and Liddesdale
Increase the range of housing options available across the locality	<ul style="list-style-type: none"> • Strategic Housing Investment Plan (SHIP) 2018-2023 provides details on proposed social housing developments for the locality • Local Housing Strategy 2017-2022 provides information on ‘Extra Care Housing’ development plans
Develop robust preventative services and early intervention for long term conditions	<ul style="list-style-type: none"> • Clinical care pathways to improve health outcomes and reduce preventable emergency admission to the BGH • Work with GP cluster quality leads to improve preventative approaches in primary care • Improve access to information on self-management • Support the rollout of anticipatory care planning
Improving support for unpaid carers in line with the Carers (Scotland) Act 2016	<ul style="list-style-type: none"> • An adult carers support plan/young carers statements and a carers eligibility criteria will be in place by April 1st 2018 • We will have published a short breaks statement with information about national and local short breaks by the end of 2018 • Have a Carers Strategy in place by April 2019

Updated based on the Scottish Borders Health and Social Care Partnership Joint Strategic Commissioning and Implementation Plan 2017-2019.

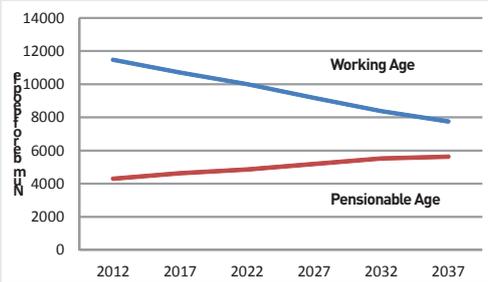
This is a summary plan for Teviot and Liddesdale.

To view the full Health and Social Care plan for Teviot and Liddesdale please visit:

www.scotborders.gov.uk/HSCPLocalityPlans

THE TEVIOT AREA - AREA PROFILE

PROJECTED POPULATION 2012-2037 FOR TEVIOT & LIDDESDALE



65% increase in pensionable age

18.4% decrease in working age

POPULATION

17,965 population*
(15.6% of the Scottish Borders)

13.5% aged 0-15
(Scottish Borders = 16.7%)

58.6% aged 16-64
(Scottish Borders = 60.2%)

27.9% aged 65+
(Scottish Borders = 23.1%)

18% of registered** unpaid carers are based in Teviot ** Borders Carers Centre *(est 2014)



AREA

14.2% live in an area of less than 500 people
(Scottish Borders = 27.4%)

26% live in rural areas
8% Remote rural
18% Accessible rural

Settlements with more than 500 people:

TOWN	POPULATION
Hawick	14,003
Newcastleton	757
Denholm	625

HEALTH OF THE LOCALITY

LIFE EXPECTANCY RANGE

77.3 to **78.5** yrs men
(Scottish Borders = 78.1)

79.9 to **84.1** yrs women
(Scottish Borders = 82)

Highest rate of coronary heart disease hospitalisations and early deaths
(compared to the Scottish Borders and Scotland)

646.3 per 100,00

Higher rate of alcohol related hospitalisations and deaths and increasing in recent years
(Compared to Borders = 566)

580.9 per 100,000 Highest rate of COPD hospitalisations
(compared to Scottish Borders=497.6)

A&E ATTENDANCE

50.2% non-emergencies could be cared for within Locality
(last year 45.9%)

49.8% emergencies
(last year 54.1%)

Higher rate of emergency hospitalisations
(compared to Scottish Borders)

LONG TERM CONDITIONS

1,233 on Diabetes Register
7.65 % of GP Register over 15 yrs

201 on Dementia Register
4.34% of GP Register over 65 yrs

5463 per 100,000 Multiple emergency hospitalisations Patients 65+
(Teviot has a higher rate)
(Scottish Borders = 5122.5
Scotland = 5159.5)



NEIGHBOURHOOD AND COMMUNITY INFLUENCES ON HEALTH

15.0% report accessibility to public transport as an issue
(Scottish Borders=16.6%)

8.4% feel lonely or isolated
(Scottish Borders = 6.1%)

8 culture and sport facilities operated by the public sector
(Scottish Borders = 69)

Teviot is the most deprived population in the Scottish Borders with over 40% of its population living in the 4 most deprived deciles



Teviot has highest number of individuals claiming JSA and pension credits

Among lowest suicide rates in the Scottish Borders at 12.3 per 100,000

SAFETY

9.19 Highest rate of over 75 falls per 1000
(compared to 5.62 for Scottish Borders)

1.07 rate of fires in homes per 1,000
(Scottish Borders = 0.74)

17% say there are areas where they feel unsafe
(Scottish Borders = 12.5%)

PROPOSED HOUSING DEVELOPMENTS

	2018-2019	2019-2020	2020-2021	2021-2022	>2022-2023
Extra Care	NPD*	NPD*	NPD*	30	NPD*
General Affordable		6			
Particular			30		

* NPD - No planned development



NOTES

You can get this document on audio CD, in large print, easy read, and various other formats by contacting us at the address below. In addition, contact the address below for information on language translations, additional copies, or to arrange for an officer to meet with you to explain any areas of the publication that you would like clarified.

SCOTTISH BORDERS COUNCIL

Council Headquarters | Newtown St Boswells | MELROSE | TD6 0SA

tel: 0300 100 1800

email: integration@scotborders.gov.uk

www.scotborders.gov.uk/HSCPLocalityPlans

