Scottish Borders **Health & Social Care** Partnership

Health & Social Care Locality Plan Tweeddale

2017-2019

Easy Read

Scottish Borders
Health and Social Care
PARTNERSHIP

About Tweeddale

There are over 20,000 people living in Tweeddale.

1 in 5 people are aged 65 years and over.
In 20 years time we thinkt that 1 in 3 people will be over the age of 65 years.

This means there are less people of working age living in the area.

About 1 in 5 people in Tweeddale live outside the main towns.
This means they do not have health and social care services near them.

There is not much transport.
Some people feel lonely and isolated.

People over the age of 65 years are more likely to go into hospital because of an emergency. This is a higher number than in other areas of the Scottish Borders.

Introduction

A locality plan is a plan that says what will happen in an area of the Borders.

This is the locality plan for Tweeddale.

The locality plan gives information about the changes that are planned for health and social care.

The locality plan explains how we bring people in communities and local organisations together to:

- support people take more responsibility for their own health and wellbeing
- help support each other to live active, independent, safe and healthy lives

We need to do this because:

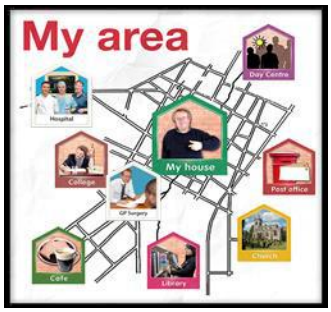
- people are living longer
- more people may need support from services
- we need to work together more
- we want to make services better for people.

What we have done so far

Local people met together to work out what was important in their area.

They helped write this plan with their good ideas.

What we plan to do



Have more local services.

We will keep doing what works well in the Community and Day Hospital.

We need to improve some ways of working.

We will look at new ways to work together.

This will help us to save money and use people's time well.

We have a 'What Matters Hub' in Tweeddale.

This is a place to go to find out information about health and social care.

We want to make services easier to get to.
We will look at transport problems in Tweeddale.

We will have more local care and support to help people stay healthy, well and independent.
We will have more therapy staff to work in or near your home.

We will have more local care and support. This will help people live independently in their own communities.

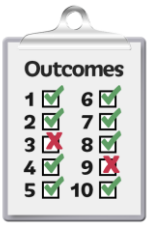
We will use technology to keep you safe and well.

We will look for different types of housing to help people stay well and independent.

We will support unpaid Carers to continue in their caring role.

We want Carers to stay fit and well.

How will we know that the plan is working?



We will set up a system to check the plan is working.

We will ask people what they think.

We will check our plan is doing what the Scottish Government said we should do.

We will update the plan every year.

If you want more information please contact us.

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If you want more information about this plan please contact us.
You can get this plan in other formats like CD, Braille or other languages..

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