

Health and Social Care News Update



Welcome to the health and social care update

The Integrated Joint Board (IJB) becomes a legal entity on the 1st April when Integration goes live. This will bring about changes in the way we plan, commission and deliver services. We don't know the detail of what those changes will be, but change is good. Unless we change, evolve and adapt we will not be able to handle the challenges of raising demands for services and increasing pressures on limited resources. Change is the only way forward if we are to remain committed to delivering the high quality service people in the Borders expect.

The 'Strategic plan for Health and Social Care Integration' and supporting documents will be published in April. The Strategic Plan has been supported by three rounds of consultations over the past 18 months. During these consultations we have received feedback from staff, partners and the general public. The Strategic Plan is, however, not a static document. It will be reviewed and renewed on a three-year basis. Read about our Strategic Plan and our last consultation in this newsletter.

The Integrated Care Fund (ICF), totalling £6.39m over three years, has been provided to help us integrate our services in the Borders. Read the article on the ICF to learn more about the good work being done already.

At its heart, Health and Social Care Integration is about enabling services to work together effectively to support people achieve the outcomes that matter to them. I look forward to working with all of you to achieve our goals of "Best Health, Best Care, Best Value" for everyone in the Borders.

Susan Manion
Chief Officer Health and Social Care Integration

Working together, creating health and social care services

The Strategic Plan for Health and Social Care 'Changing Health and Social Care for You', that will be published in April, is a product of three rounds of consultations. The Plan sets out why we want to integrate health and social care services and what we expect to see as a result.

The last consultation ended on the 11th December, 2015. During the eight weeks of consultation staff talked to hundreds of people across the Borders about health and social care integration. Engagement activities were held in all five localities with pop-up information booths at a local food market, a popular café, a traffic hub, a library contact centre and a supermarket. Presentations were also given at Area Forum meetings, as well as to independent and third sector organisations and community groups.

“We have had an intensive and productive consultation period, talking to staff, key stakeholders and people across the Borders,” said Susan Manion. “It has been great talking to so many people, listening to their stories, and receiving their comments and feedback. I want to thank everyone who has contributed.”

In order to get the right information to the right people, the events were aimed at two main groups: staff and the general public. In addition, communication activities such as press releases and social media were used to support all activities.

“The consultation is closed, but I hope those conversations are continuing,” said Susan Manion. “This is a process, and we need to build on what is already working well locally, drawing on resources and assets that already exists.”



Integrated Care Fund (ICF) paves way for change

The Health and Social Care partnership works to create health and social care services that are more personalised and improve outcomes for all our service users, their carers and their families. In order to achieve these improvements we have to change the way we work. The Integrated Care Fund, a fund of £6.39m over three years, has been provided to integrate services.

“The Integrated Care Fund provides us with the opportunity to test out and find the best possible solutions for us here in the Borders,” said Bob Howarth, Programme Manager. “The commissioned projects need to support integrated working in health and social care, primarily focusing on four key areas: health improvement, early intervention and prevention, community capacity building and access to services.”

Within the current group of projects, planned and/or supported by the ICF, are a small series of projects that have been targeted to ‘make a real difference’ when it comes to phasing in new and significant initiatives to advance the integration of health and social care.

A total of 10 projects have been approved so far:

- **Transport Hub** - producing a coordinated sustainable approach to community transport
- **Health Improvement Self-Management** - to conclude initial programmes of the self-management of Long Term Conditions
- **Transitions** - the delivery of a range of services for learning disabled young people between the ages 14 and 21 who are moving towards, and are progressing through, the transition from children’s to adult services across Health, Social Care, Children’s Services and Education
- **Health & Social Care Coordination** – aims to introduce the coordination approach through integrating teams in two localities (Cheviot and Eildon) to test the change and consider rolling out across the remaining localities.
- **Autism Coordinator** – recruiting a coordinator to coordinate all the work connected with services for people with Autism in the Borders.

- **Stress and Distress Training** -to uphold and maintain the care, treatment and outcomes for people with dementia, their families and carers
- **My Home Life** - to improve the quality of life for those living in care homes
- **Mental Health Integration** - to assist with the implementation of an integrated mental health service
- **Borders Capacity Building** – working in conjunction with older people to provide a range of activities and services reducing the demand for health and social care services
- **Eildon Community Ward** – aims to develop community ward capacity outwith the Borders General Hospital, that supports patients in Central Border, who are unable to access local community hospital services, to receive care they need at home or within the local community setting

An additional eight projects are in the process of being approved and/or supported to further develop project briefs. All projects approved have to support the health and social care integration agenda including a commitment to delivering improved service outcomes for individuals and addressing health inequalities.

“The projects submitted have been appraised against a comprehensive range of both financial and non-financial ICF criteria in order to support the integration agenda,” said Bob Howarth. “Our challenge is to find the best ways to plan, commission and deliver services to provide the best possible health and wellbeing for our communities.”

Integration is the Scottish Government’s ambitious programme of reform to improve services for people who use health and social care services. It will ensure that health and social care provision across Scotland is joined-up and seamless, especially for people with long term conditions and disabilities, many of whom are older people.

Integration is underpinned by the Public Bodies (Joint Working) (Scotland) Act 2014 which was granted Royal Assent on 1 April 2014. This means changes to the law which requires Health Boards and Local Authorities to integrate their adult health and social care services.

Contact us:

If you would like any further information, have any questions or would like to raise any points or issues, please email us at: integration@scotborders.gov.uk

www.scotborders.gov.uk/integration